



ACTIVIDADE PORTFOLIO DE SECUNDARIA. Curso 2009/10 (3rd term)	
TÍTULO DA ACTIVIDADE	Eating in Spain
IDIOMAS	☒ INGLÉS ☐ FRANCÉS ☐ OUTRAS LINGUAS ☐ GALEGO ☐ ITALIANO ☐ ☐ CASTELÁN ☐ ALEMÁN ☐
DESCRITORES A TRABALLAR	A1- A2
DESTREZAS QUE SE INCLÚEN	X COMPRENDER: x comprensión auditiva, x comprensión lectora X FALAR: x expresión oral, x interacción oral (conversar) X ESCRIBIR : x expresión escrita
OBXECTIVOS	• Expresar as miñas preferencias sobre as comidas típicas na nosa zona. • Coñecer os menús do mundo anglosaxón. • Falar dos hábitos alimenticios saudables. • Aprender a respectar ao diferente como mostra de riqueza cultural.
NIVEL	1º ESO
SECCIÓN DO PEL	☒ BIOGRAFÍA ☐ PASAPORTE DE LINGUAS ☒ DOSSIER
PROCEDEMENTO	• Buscamos información dos menús e os hábitos alimenticios en Inglaterra no blog English is all Around, e especificamente no link FAQs about Britain: http://www.woodlands-junior.kent.sch.uk/customs/food.html • Visionamos o video de Macmillan sobre as comidas na escola no Reino Unido. • Fixemos unha listaxe co recomendable e o non recomendable nos hábitos alimenticios • Os alumnos presentaron un traballo sobre os seus gustos. • Ao remate fixemos unha degustación de produtos ingleses.
AVALIACIÓN: Seguimento	Valorase a pescuda e selección do material para facer os carteis. O traballo en grupo e a interrelación dos membros. A comprensión e a aceptación do que ten hábitos diferente.
AVALIACIÓN: Nivel de participación	Dous dos tres grupos de 1º da ESO participan traballando por parellas, amosando gran interese pola comparación entre os nosos hábitos e os dos rapaces do Reino Unido.



Breakfast

The breakfast is a important food, because the breakfast appart the energy what we need. The principal breakfast is cereal and milk with chocolate. It's incredible what the 33% of British kids don't eat breakfast. The principal reason for this is that they get up late and don't have time.

Dinner

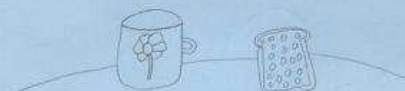
Many people have dinner entre the six and seven o'clock. The perfect dinner use salad or good food. Many people eat fast food. Are very poor for your healthy.



Sergio González Salgueiro 12C

Breakfast

Traditional Spanish breakfast use: with jam, milk with cereal or cakes, orange juice, etc. Spanish people have energy breakfasts, the principal reason for this is that there are six or seven hours between the breakfast and the lunch, and so the most important food of the day.



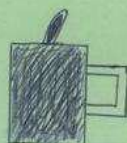
Dinner

Favourite Spanish dinners are with light food, for example: crisps, fast food, pizza, etc. We usually have dinner about nine or ten o'clock because Spanish people often work until late.



Breakfast

My favourite breakfast are Cola-Cas, milk and cereal. But people kids don't eat breakfast. The principal reason for this is that they get up late and don't have time! Don't want breakfast.



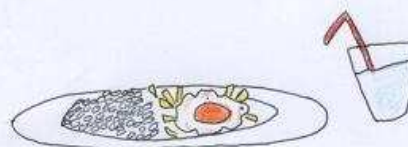
Dinner

People often have dinner at seven or eight o'clock in the evening. They eat a lot of takeaway food - food that you buy in a snack bar. Popular takeaway food: pizzas, fish, salad and fruit.



Dinner

Spanish people don't eat a lot for dinner. They always eat light things as fruit, egg, milk... Dinner is usually at nine or ten o'clock. I often have milk, pasta, rice...



Breakfast

Spanish people eat a lot for breakfast, because the lunch is very late (it is usually at two or three o'clock). They eat: milk, crisps, orange juice, fruit... Young people don't have a lot for breakfast because they get up very late. They often buy something to eat at the college. They usually buy: sandwich, juice, potatoes...

