

# Mans seguras

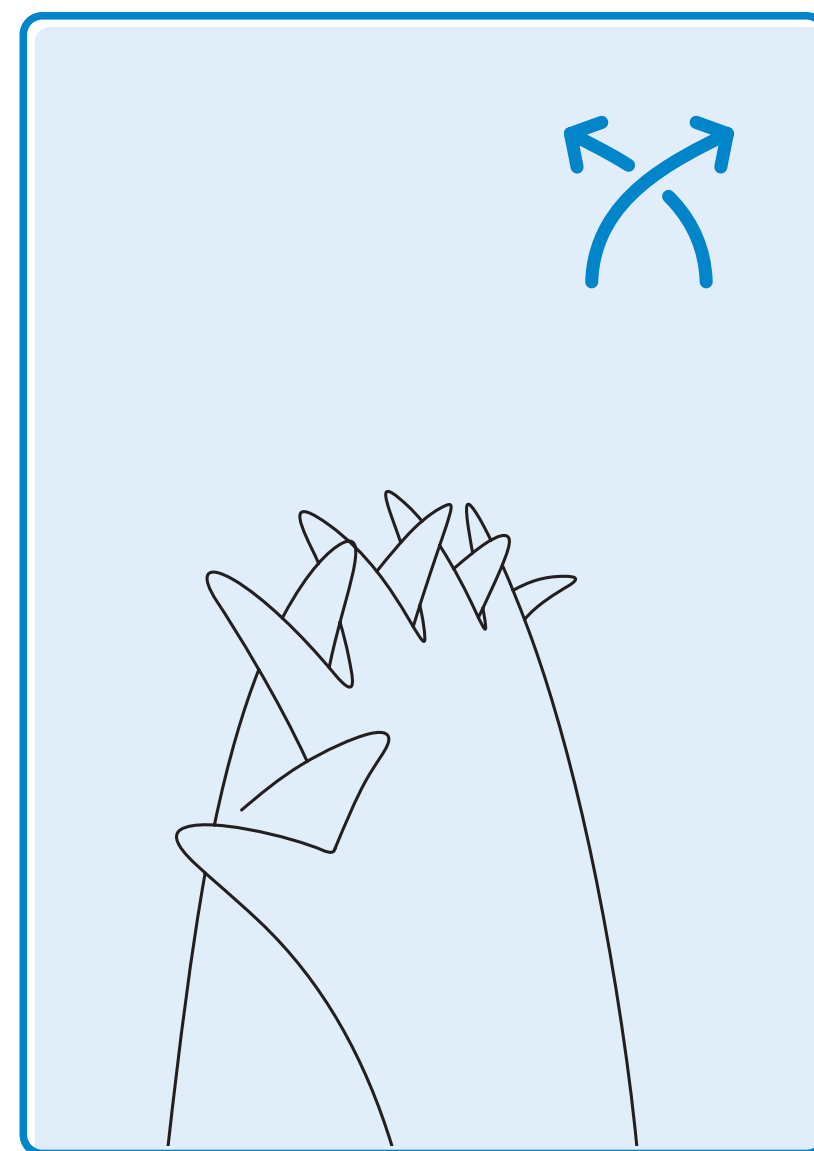
PROTOCOLO COVID-19



Molla as mans con auga.



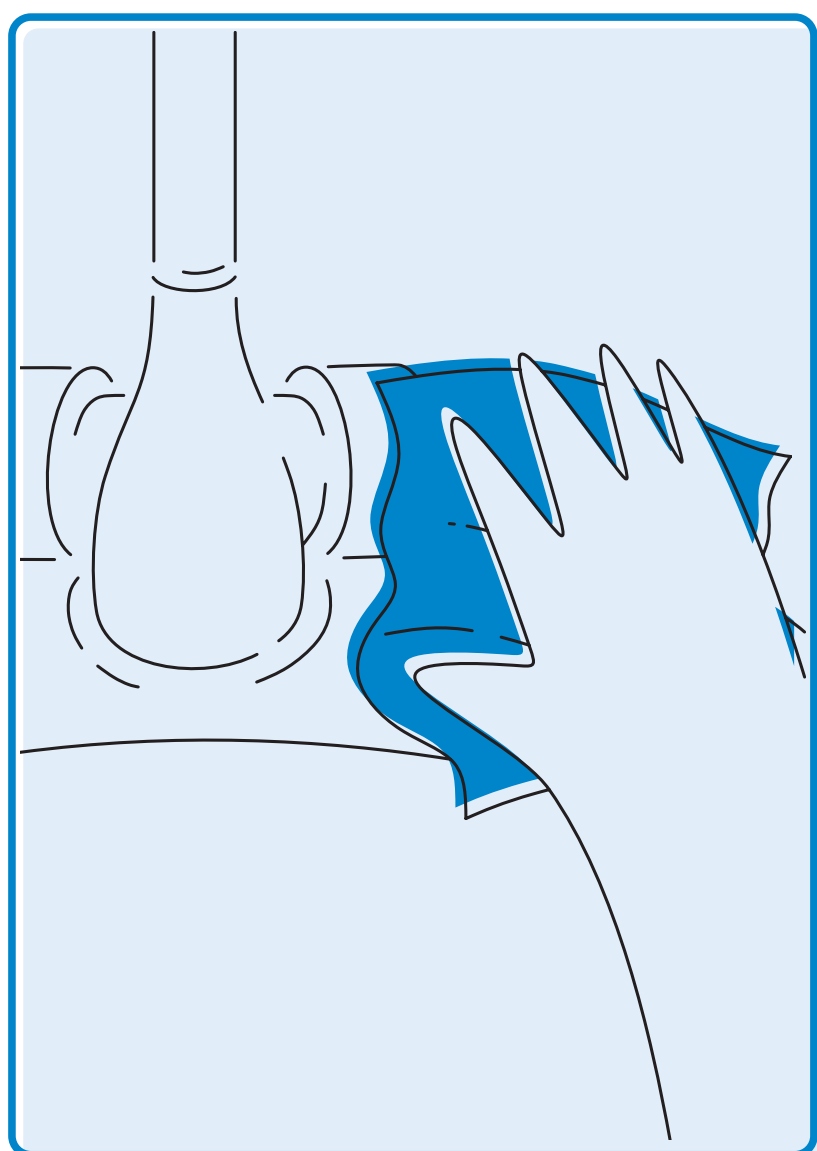
Pon na palma xabón suficiente para cubrir as mans.



Frega as palmas das mans entre sí entrelazando os dedos.



Aclara de novo as mans con auga.



Seca as mans e pecha a billa cun pano desbotable.

## #SENTIDIÑO

PROTEXÁMONOS A NÓS MESMOS  
E AOS QUE NOS RODEAN



XUNTA  
DE GALICIA