

Monday 1 Pasta Salad Fillet with Salad Fruit	Tuesday 2 Cabbage Stew Grilled Salmon Yogurt	Wednesday 3 Scrambled egg with mushrooms Chicken breast with salad Fruit	Thursday 4 Chickpea Stew Monkfish with potatoes Yogurt	Friday 5 Tuna Empanada Meatballs with rice Petit Suisse
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Monday 9 Lentil soup Minced pork with Potatoes Fruit	Tuesday 10 Vegetable puree Baked Hake Fruit	Wednesday 11 Bean stew Ribs with fries Petit Suisse	Thursday 12 Scrambled egg with spinach Tuna with potatoes Fruit	Friday 13 Toast with jamon Macaroni with meat Yogurt
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Monday 16 Peas, carrots, Jamon Galician Octopus Fruit	Tuesday 17 Salad Roast beef Yogurt	Wednesday 18 Zucchini puree Omelette with salad Fruit	Thursday 19 Turnip stew Coello with rice Yogurt	Friday 20 Rice salad Breaded fillet with rice Petit Suisse
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Monday 23 Soup Broccoli with chorizo Fruit	Tuesday 24 Carrot puree Ribs with vegetables Petit Suisse	Wednesday 25 Chicpeas with salad Squid Fruit	Thursday 26 Vegetable stew Roast ham with salad Fruit	Friday 27 Stuffed egg Lasagna Yogurt
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Monday 30 Green beans Pork loin with fries Fruit
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