# ON YOUR BIKE SPAIN

**SCHOOL YEAR 2020-2021** 

#### **ROAD SAFETY OLYMPICS**

WHEN? 17 TH DECEMBER 2021

WHO? 11 and 12 years old children from 8 schools in Narón

WHAT DO THEY HAVE TO DO? Pass different tasks:

A quiz on road safety education

Cultural questions about Narón

A test about asking and giving directions in English

A skill circuit on a bike

#### Road Safety Education Workshop



#### AS A CYCLIST

we had a workshop about being a good cyclist.

Clothes and other elements we have to use.

Types of bicycles and their parts

Revising the bycicle and how to maintain it

How to repair a flat tire

#### ROAD SAFETY EDUCATION WORKSHOP

#### AS A PEDESTRIAN



Sonia, the police officer explained to us how to behave as pedestrians

Parts of the public roadway

How to cross the street in the city and in a rural area

Traffic signs

Rules when you are on a scooter or on a skateboard.

#### ONLINE WORKSHOP ABOUT NARÓN



Pedro, the Narón police officer gave us a class about Narón Heritage

## TRAINING FOR THE SKILLS CIRCUIT IN PHYSICAL EDUCATION CLASS



#### **POSITIVE THINGS**



Children can come on their bikes to school.



Two new scooter racks in our schools.

## 25TH NOVEMBER INTERNATIONAL DAY AGAINST GENDER VIOLENCE



TWO GROUPS

ONE CYCLING ON A STATIONARY BIKE

THE OTHER ANSWERING QUESTIONS ABOUT IMPORTANT WOMEN

AT THE SAME TIME THEY WATCHED A
VIDEO OF A MAN CYCLING WITH A GOPRO
CAMERA IN NARÓN

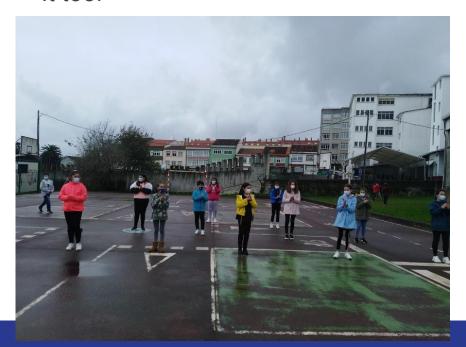






#### JERUSALEMA CHALLENGE

Year 6 have danced the popular song <u>Jerusalema</u> and we challenge you to dance it too.







### THANK YOU!!!!

#### On your Bike Portugal (Monção )

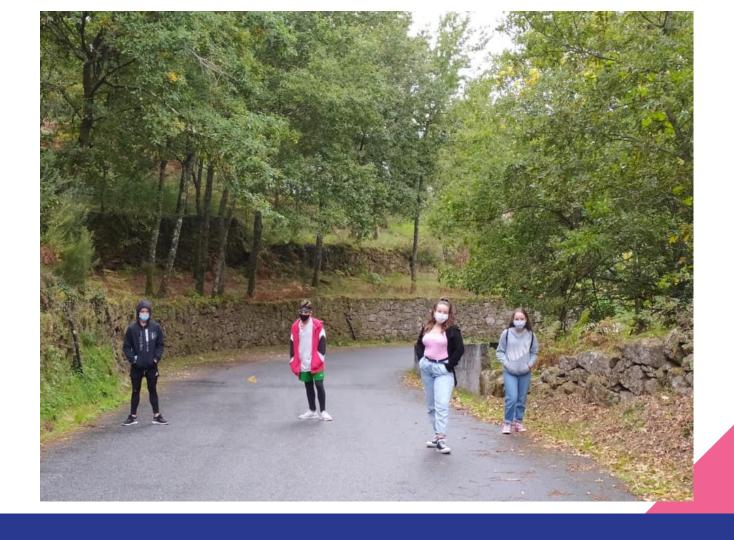
The Roteiros club continues with activities, conditioned by the pandemic.

Activities are taking place in outdoor spaces and in physical education activities.

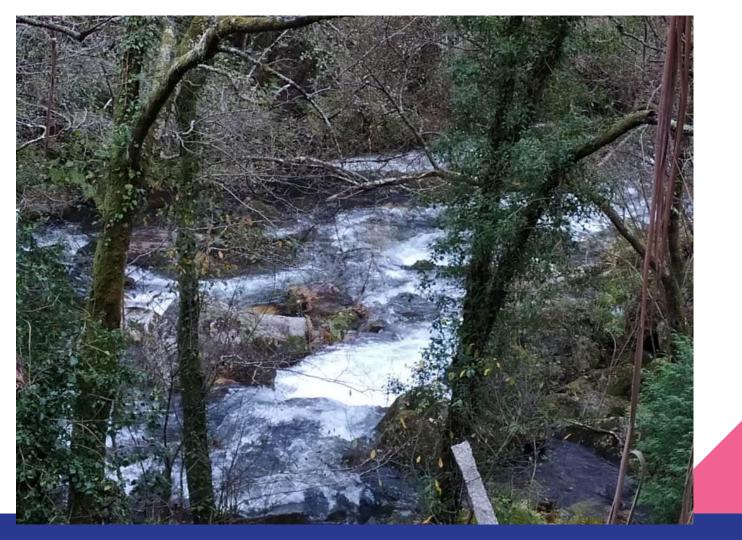
The use of bicycles is conditioned. Students can only use them alternately. The club was integrated into the OYB project, with the aim of promoting physical exercise, also encouraging healthy eating. On the World Food Day, a character was created; The donkey, which promotes physical activity and good wing rules.

## É importante o exercício físico















## GOOD LUCK!! Kisses from Monção