

Apelidos e nome da persoa candidata:

PROBA DE CERTIFICACIÓN DE NIVEL INTERMEDIO

Inglés

Comprensión de lectura

Puntuación e duración:

			NON ESCRIBIR Espazo para a corrección
Tarefa 1	Aprox. 10 minutos	5 puntos	
Tarefa 2	Aprox. 10 minutos	7 puntos	
Tarefa 3	Aprox. 20 minutos	5 puntos	
Tarefa 4	Aprox. 20 minutos	8 puntos	
	TOTAL máx. 60 MINUTOS	TOTAL 25 PUNTOS /25

Materiais ou instrumentos que se poden empregar durante a proba:

- Bolígrafo con tinta negra ou azul.

Advertencias para a persoa candidata:

- Os tempos son orientativos e non haberá ningunha pausa entre as distintas tarefas.
- Os teléfonos móbiles deben permanecer apagados durante a proba.
- Non se avaliará ningunha tarefa escrita con lapis ou emendada con líquidos ou cintas correctoras.
- Anularanse as respostas nas que se marque máis dunha opción, sempre que non se indique con suficiente claridade que se trata dun erro.
- En caso de erro, as persoas candidatas marcarán a nova resposta cun X rodeado por un círculo (X).
- Anularanse as respostas que non sexan claras e/ou lexibles e que non estean dentro dos espazos habilitados para tal fin.
- Deberá asinar a entrega desta proba no documento correspondente.

TASK 1

(...../5)

You are going to read some health tips. Read texts B-H and headings 1-5 carefully. IN BLOCK CAPITALS, write the letter of the text next to the corresponding heading in the space provided, as in example 0. Notice that:

- each heading goes with only one text
- there are two texts that do not go with any of the headings

Answers must be based exclusively on the information in the texts.

HEALTH TIPS

A. Most skin cancers, the most common cancer, can be treated successfully if detected early. The American Cancer Society therefore recommends a periodic checkup for people aged 20 and older. Nearly all skin cancers are preventable, however, by limiting unprotected exposure to the sun.

B. A cardiologist at the University of Maryland, who studied the effects of happiness, found that playing or listening to music may be one of the best de-stressors. The research found that when listening to music, patients' blood vessel relaxed, opened up, and produced chemicals that are protective to the heart.

C. A study reveals that optimists' approach to life may offer some health benefits. Women over 50 who are optimistic are less likely to get heart disease compared to women who are more pessimistic, according to a study published recently in *Circulation: Journal of the American Heart Association*.

D. Dust mites, bugs, and mold can cause severe allergies. Be sure to throw away old newspapers, magazines and cans, and keep rubbish outdoors when possible. Banish mites and mold by washing bedding in 60-degree water weekly and use a chlorine-bleach solution to keep fungus at bay in the bathroom.

E. High cholesterol is one of the most important risk factor for heart disease and heart attacks. The American Heart Association suggests taking 5-yearly blood tests and recommends eating lean proteins, nonfat or low-fat dairy products, and adding fish to your diet. Fish oil helps reduce cholesterol.

F. People who adopt a diet rich in fruit and vegetables are 30 percent less likely to get depressed compared to those whose diets are loaded with processed foods. However, vegetables rapidly lose their nutritional value over a few days. A recent study found that eating them immediately gives more nutrients.

G. Recent tests on mice found that those who eat when they would normally be asleep put on more weight than others who had meals at normal times. Being overweight has been linked to health problems such as some cancers, heart disease and diabetes.

H. Tomatoes are rich in lycopene, a powerful anti-oxidant which reduces the risk of prostate cancer. Nutritionists say the body absorbs lycopene better from processed tomato products, such as spaghetti sauce and tomato juice, rather than fresh tomatoes. However, cooking fresh tomatoes with a little oil also greatly increases lycopene absorption.

Adapted for this test from <http://edition.cnn.com>

ANSWER GRID

HEADINGS	Text letter	Examiner's use only
Ex. 0. Avoid sunbathing and use sunscreen	A	√
1. Clean out your home regularly		
2. Develop a positive attitude		
3. Don't have large meals at night		
4. Eat fresh fruit and vegetables		
5. Have regular blood tests		

TASK 2

(...../7)

You are reading information about the history of world sports. Read texts A-D and statements 1-7 carefully. IN BLOCK CAPITALS, write the letter of the text which provides the information required in the space provided, as in example 0. Notice that:

One single text can match more than one statement. Each statement has only one possible answer.

Answers must be based exclusively on the information in the texts.

HISTORY OF SPORTS

A. Most sports historians trace golf's origins to a type of land hockey played in Flanders in the middle ages. It is suggested that three Scotsmen fighting in a regiment witnessed the game and took it home to Scotland where golf as we know it took root. For centuries golf was played by individuals wealthy enough to afford both the expensive materials and the access to places to play away from commoners. To some extent golf retains this upper-class image although now the availability of inexpensive or rental equipment and many publicly accessible golf courses have popularized the game like never before.

B. Football is played with a lot of passion and enthusiasm in today's age. However, in early days the game was played fiercely - similar to a war. Football was played in the name of honor, valor and manhood. It was used as a medium to solve rivalries with the enemies. In medieval times, towns played against rival towns and there was a lot of punching, biting and kicking among players during the course of the game. The only "goal" during those games was to move the ball to a pre-defined spot that was agreed upon before the game started. Players had to face physical assaults and bodily harm, apart from playing the game, to reach that spot.

C. The game of hockey was referred to by different names but the most commonly used term was "Hockie" by the Irish. Though the term was invented centuries ago, the word found its way to the present generation. In 17th century England, the game acquired a fiercely competitive and chaotic form. Villages would compete against their neighboring villages and there were nearly 100 players in one team. After some years, common sense and a logical approach to the game were adopted and rules were revised. The game was limited to 30 players for each team.

D. The history of basketball goes back to the year 1891 when a Canadian physical education instructor, James Naismith, introduced the game of basketball to the world. The game started off with 18 men at Springfield College in Massachusetts. Naismith was given a deadline of 14 days to create an indoor game that would provide "an athletic distraction" to the nasty and disorderly class. It was tough for Naismith, who had to have a lot of patience and transmit positive enthusiasm into the minds of his students in order for them to engage in an outdoor game that should be played indoors in the best way possible. He remembered a game he used to play as a child and improvised on its concept.

Adapted from <http://www.historyofsports.net>

ANSWER GRID

STATEMENTS A game ...	Text letter	Examiner's use only
Ex. 0. whose number of players was reduced over time	C	√
1. created to motivate teenagers		
2. originally played by a rich minority		
3. popularized by soldiers		
4. which was invented by one person		
5. which originally had several names		
6. which was used to resolve conflicts		
7. whose goal was decided by the teams		

TASK 3

(...../5)

Here is the story of a victim of identity fraud. Read the text carefully. Then read statements 1-5, decide whether they are TRUE or FALSE and mark the correct option (X) in the space provided, as in example 0.

Answers must be based exclusively on the information in the text.

IDENTITY FRAUD: A PERSONAL STORY

"Marc," a 22-year-old assistant manager with a financial institution in Manchester, never gave much thought to identity fraud until he received an email last November from *Alliance & Leicester* telling him that his 'application for a credit card was being processed'. Marc hadn't applied for a credit card so he immediately contacted *A&L*, who cancelled the application.

Unfortunately the fraudster - who had got hold of Marc's date of birth, email and postal addresses among other bits of key information, such as his salary - had applied for other loans and cards and Marc continued to receive emails alerting him to new applications under his name.

Concerned, Marc contacted the police but was still extremely worried about the extent of the criminal's activity under his name and how this could affect his credit score as he had been planning to get a loan to buy a new car. It was also time-consuming and extremely frustrating dealing with lenders individually to try and cancel each application and get removed from their records.

At this point Marc saw an advert for *Experian*, a company helping individuals to check their credit report and protect against identity fraud. Once registered, Marc found a further five applications in his name that were fraudulent. Enquiries were then launched with each of the organisations involved to help Marc recover his identity and rectify his credit report as soon as possible. Marc was given regular progress reports until the matter was fully resolved.

Marc said, "It was a huge relief. Before this happened I never thought twice about ID fraud and certainly didn't think I'd end up becoming a victim of it. I'm now extremely vigilant about getting rid of my confidential information to make sure that it's not out there for criminals to exploit and I check my credit report every week to make sure no further applications have been made in my name fraudulently. It may seem like a chore at the time but having these simple processes in place will hopefully save a lot of hassle and heartache down the line."

Adapted for this test from <http://www.stop-idfraud.co.uk>

ANSWER GRID

STATEMENTS	T	F	Examiner's use only
Ex. 0. Marc had been worried about identity fraud before being a victim.		X	√
1. Marc reacted quickly when he found out his identity had been used.			
2. Marc felt relieved after he called the police to report what had happened.			
3. The fraudsters had used Marc's identity to buy a car.			
4. The situation got under control after Marc registered for Experian services.			
5. Marc feels it is pointless to try to prevent fraud.			

TASK 4

(...../8)

Here is a magazine article. Read the text carefully. For statements 1-8 choose the option (a, b or c) that best completes them. Mark (X) the correct option in the space provided, as in example 0. Only one option is correct.

Answers must be based exclusively on the information in the texts.

THE E-BOOK ERA IS HERE: BESTSELLERS GO DIGITAL

Two years? Three years? Five years? It's a game in publishing circles to speculate how long it will take before e-books become a majority of the industry's sales. But no one doubts that that is where the market is headed. Amazon, the industry leader, already sells three times as many Kindle e-books as hardcovers. Other book sellers aren't far behind. Last week, the Association of American Publishers announced that in January, for the first time, monthly e-book sales had overtaken hardcovers. Paperbacks remain in the lead, for now.

E-books are by far the fastest-growing segment of the otherwise slow, recession-plagued publishing business. In 2010 e-book sales jumped 164%, to \$441 million. "The acceleration has been quick and dramatic, and in some ways this may get faster if physical outlets for books, like bookstores, disappear faster than expected," says Michael Cader, founder and editor of trade e-newsletter *Publishers Lunch*.

After Borders, the second largest bookstore chain in the country, declared bankruptcy last month, the question arose as to whether the popularity of e-books had caused its demise. While industry experts say it was only part of the reason for the chain's collapse, its poor showing in the e-book arena certainly accelerated its fall.

One of Borders' main problems was that the chain sold seven types of e-readers, which confused consumers. Another issue was that Borders didn't maintain its own website, instead selling through Amazon. In contrast, rival Barnes & Noble sells its own popular e-reader, the Nook, and has long maintained B&N.com, which features a vibrant store that has seen its e-book sales take off. Still, both chains are light-years behind Amazon, creator of the Kindle, by far the best-selling e-reader in the market.

Despite the growing popularity of e-books, they pose a challenge for publishers. The industry still makes over 90% of its profits from print. That means major publishers have had to maintain their print business while at the same time growing their digital side. "It is not that digital isn't profitable," says Cader. "Digital at its current level makes few or none of the costs of running a print business go away." That means big warehouses, broad sales forces and extensive systems. The hope, of course, is that in time, digital will be cheaper to produce, but currently, publishers face a big expense in converting to digital. What's more, publishing has always been based on economies of scale, and with a reduction of the number of paper books, printing is becoming more expensive.

So are print books going to disappear? That's not expected — at least not yet, say experts. "Formats to which lots of people are attached often take a longer time to go away," says Cader. He compares publishing to the music business, in which CD

sales have dropped significantly but not ended. And books were around a long time before CDs. Also, certain genres aren't practical as e-books. "It doesn't make sense yet for digital cookbooks, travel books, information books and textbooks."

Business editor Jim Milliot of *Publishers Weekly* agrees that print books will continue to exist, despite the popularity of all things digital. The fact that a consumer can order and download a book instantly, he believes, is not enough to make print books disappear. "Some people just like to have books in their house," he says. "Basically, if you just want to read a book, a print book is still a pretty good deal."

Adapted for this test from <http://www.time.com>

ANSWER GRID

Ex.0.	The publishing world believes that	Examiner's use only
<input type="checkbox"/> a)	e-books will never be more popular than print books	
<input type="checkbox"/> b)	hardcovers are the future of publishing	
<input checked="" type="checkbox"/> c)	in a few years more e-books than print books will be sold	√

1.	In January, most books sold in the U.S. were	Examiner's use only
<input type="checkbox"/> a)	e-books	
<input type="checkbox"/> b)	hardcovers	
<input type="checkbox"/> c)	paperbacks	

2.	The sale of e-books	Examiner's use only
<input type="checkbox"/> a)	has increased enormously	
<input type="checkbox"/> b)	is slower because of the recession	
<input type="checkbox"/> c)	will suffer if more bookshops close	

3.	The reason for Borders' bankruptcy was that	Examiner's use only
<input type="checkbox"/> a)	e-books are becoming more popular	
<input type="checkbox"/> b)	it had a poor digital strategy	
<input type="checkbox"/> c)	its website was not as good as B&N.com	

4.	The most popular e-book reader is	Examiner's use only
<input type="checkbox"/> a)	the Amazon	
<input type="checkbox"/> b)	the Kindle	
<input type="checkbox"/> c)	the Nook	

5.	The publishing industry	Examiner's use only
<input type="checkbox"/> a)	can reduce costs by selling both print and digital books	
<input type="checkbox"/> b)	earns most of its profits from print books	
<input type="checkbox"/> c)	makes no money from e-books	

6.	Printing is becoming more expensive because	Examiner's use only
<input type="checkbox"/> a)	converting to digital format is costly	
<input type="checkbox"/> b)	more books are being printed	
<input type="checkbox"/> c)	more salespeople need to be hired	

7.	The sale of CDs	Examiner's use only
<input type="checkbox"/> a)	continues despite digital downloads	
<input type="checkbox"/> b)	has started to rise	
<input type="checkbox"/> c)	will last longer than the sale of print books	

8.	Experts believe that	Examiner's use only
<input type="checkbox"/> a)	people are not attached to print books	
<input type="checkbox"/> b)	print books are easier and quicker to get	
<input type="checkbox"/> c)	textbooks are still better in print	