



XUNTA DE GALICIA

CONSELLERÍA DE EDUCACIÓN  
E ORDENACIÓN UNIVERSITARIA

Dirección Xeral de Educación, Formación  
Profesional e Innovación Educativa

Educación secundaria  
para persoas adultas



# Ámbito de comunicación

## Lingua inglesa

Educación a distancia semipresencial

### Módulo 4

## Unidade didáctica 15

# Índice

---

<b>1.</b>	<b>Introdución.....</b>	<b>3</b>
1.1	Descrición da unidade didáctica.....	3
1.2	Coñecementos previos.....	3
1.3	Suxestións para a motivación e o estudo.....	3
1.4	Orientacións para a programación temporal .....	3
<b>2.</b>	<b>Secuencia de contidos e actividades .....</b>	<b>4</b>
2.1	Shopping for clothes.....	4
2.1.1	Vocabulary: clothes and accessories .....	4
2.1.2	Grammar .....	9
2.1.3	Reading and writing.....	15
2.1.4	Listening and speaking.....	17
2.2	Keeping healthy.....	19
2.2.1	Vocabulary: health problems.....	19
2.2.2	Grammar .....	23
2.2.3	Reading.....	29
2.2.4	Listening and speaking.....	30
2.3	Sociocultural aspects: festivals and festivities.....	32
2.3.1	April Fool's Day .....	32
<b>3.</b>	<b>Actividades de autoavaliación .....</b>	<b>33</b>
<b>4.</b>	<b>Solucionario das actividades propostas.....</b>	<b>34</b>
<b>5.</b>	<b>Bibliografía e recursos .....</b>	<b>42</b>
<b>6.</b>	<b>Anexo. Licenza de recursos .....</b>	<b>44</b>

# 1. Introducción

---

## 1.1 Descrición da unidade didáctica

Nesta unidade didáctica abordaremos os seguintes contidos:

Na primeira parte:

- O grao comparativo e superlativo dos adxectivos.
- Vocabulario da vestimenta e accesorios.

Na segunda parte:

- Os verbos modais.
- Vocabulario de enfermidades.

Na terceira parte trataremos aspectos socioculturais de países de fala inglesa. Nesta unidade veremos o *“April Fool’s Day”*.

## 1.2 Coñecementos previos

Necesitará saber e repasar:

- Os pronomes posesivos.
- Vocabulario básico das partes do corpo.
- Adxectivos.

## 1.3 Suxestións para a motivación e o estudo

Recoméndase marcar un ritmo de estudo de unidade por mes e de cada parte da unidade por quincenas, deixando a terceira parte de contido sociocultural para o final.

Recoméndase a asistencia á clase para reforzar as explicacións gramaticais e os exercicios orais.

## 1.4 Orientacións para a programación temporal

Cada módulo ten unha duración cuadrimestral e consta de catro unidades. Polo tanto, cada unidade tería unha duración aproximada dun mes.

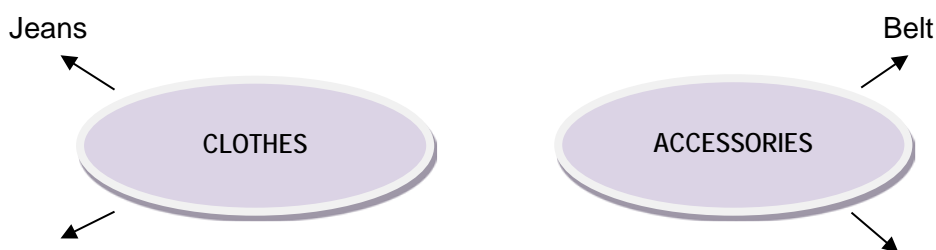
## 2. Secuencia de contidos e actividades

### 2.1 Shopping for clothes

#### 2.1.1 Vocabulary: clothes and accessories

How many words related to clothes and accessories can you name?

*Cantas palabras relacionadas coa roupa e accesorios sabe?*



#### Secuencia de actividades

##### S1. Can you...? Pode...?



















1. Name two pieces of clothing starting with the letter P?	
2. Give another name for a woman's shirt?	
3. Say which item of clothing has "fingers"?	
4. Name three things you can wear to go to the beach?	
5. Name three things a businessman / woman wears to work?	
6. Name clothes which keep you warm?	
7. Name clothes with a zipper? (cremallera)	
8. Clothes only used by women?	

##### S2. Look at the drawings below and write the name. *Mire os debuxos e escriba o nome.*

<u>Outerwear - Roupa de abrigo</u> Coat Blazer Jacket Raincoat	   
Dress Skirt Trousers Suit Jeans	    

T-shirt Shirt Sweater Jumper	   
<u>Sleepwear - Roupa para dormir</u> Slippers Nightdress Pyjamas Dressing-gown	   
<u>Underwear - Roupa interior</u> Underpants Socks Knickers and bras Tights	   
<u>Footwear - Calzado</u> Shoes Boots High heels Sandals Flip-flops Trainers	     
Gloves Hat Swimming-costume Tie Belt Scarf	     

S3. Look at the clothes and accessories and write below each one what it is called.  
*Mire a roupa e os accesorios e escriba debaixo de cada debuxo o nome correspondente.*

Shorts	tracksuit	cardigan	tuxedo	blouse	sweatshirt/hoodie
					
1.....	2.....	3.....	4.....	5.....	6.....
beret	headscarf	bow tie	bikini	foulard	swimming trunks
					
7.....	8.....	9.....	10.....	11.....	12.....
ring	earring	bracelet	pendant	necklace	headband
					
13.....	14.....	15.....	16.....	17.....	18.....

S4. Identify the materials and match them with their translation. Then write the patterns. *Identifique os materiais e únaos co seu significado. Logo escriba os estampados.*

Spotted –linen-wool-striped-silk-patterned-checked-cotton-plain-flowery-denim-lycra		
MATERIALS		PATTERNS
1.	Liño	7.
2.	Tecido vaqueiro	8.
3.	Algodón	9.
4.	Lycra	10.
5.	Seda	11.
6.	La	12.

S5. Match the materials from exercise S4 with the lists of clothes they are often used for. Use each word once only. *Una os materiais do exercicio S4 coa peza de roupa que normalmente está feita dese material. Use cada palabra só unha vez.*

MATERIALS	
1. wool	
2. lycra	
3. cotton	
4. silk	
5. linen	
6. denim	

S6. Match the adjectives from the previous exercise with the patterns. *Una os adxectivos do exercicio anterior co debuxo dos estampados correspondentes.*

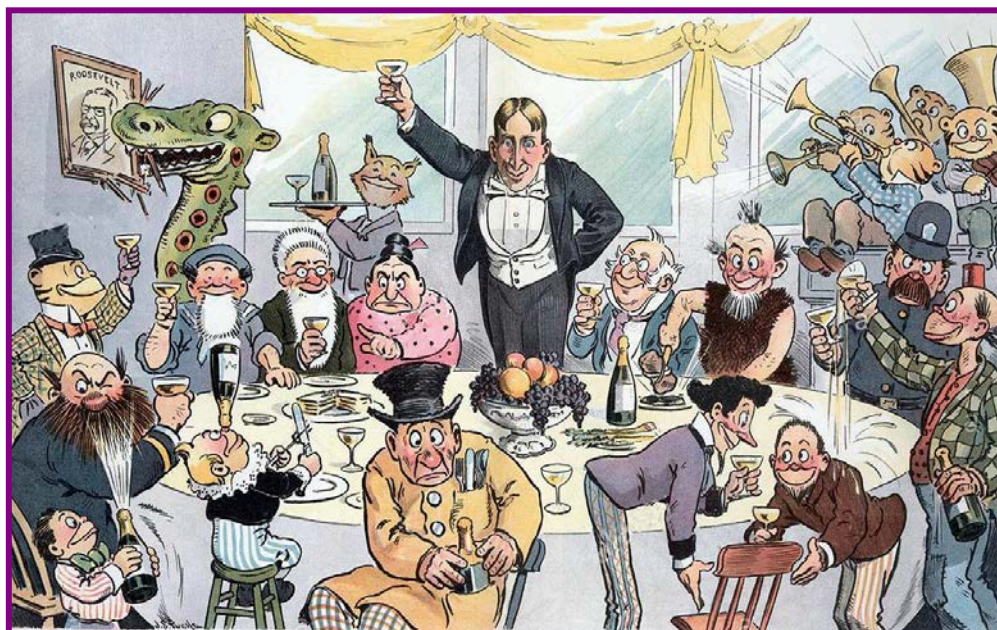
PATTERNS ( Estampados)					
					
.....	.....	.....	.....	.....	.....

S7. Read the texts and write the correct job for each text. Then describe the last two pictures. *Lea os textos e escriba o traballo de cada persoa no texto correspondente. Logo describa os dous oficios que quedaron sen descrición.*

WHO'S WHO?			
			
model	waiter	chef	manager
			
secretary	policeman	fireman	singer
<p>1. When I'm at home I usually wear jeans and a T-shirt, but when I go to work, I wear a uniform. We wear a black suit, a white T-shirt and a black bow tie. I'm a _____.</p>		<p>2. I'm a _____, so I wear lots of different clothes every day. This week, I'm doing some work for a shoe company. At the moment, I'm wearing long black boots, a blue dress that goes with a lovely blue beret and an expensive coat.</p>	
<p>3. I work for a food company and I'm a _____ but we don't have to wear a uniform at work. I wear smart clothes. Today, I'm wearing a lovely brown dress and high heels brown shoes.</p>		<p>4. I'm a _____ and I work for the Town Council. We wear uniforms. It's nice and colourful. We wear dark green trousers and a yellow and green jacket with yellow and green helmet.</p>	
<p>5. I'm a _____ so I usually wear fashionable clothes. Today I'm in a red strapless dress and red high heels.</p>		<p>6. I'm a _____ so I wear a uniform at work. Our uniform is comfortable and nice. We wear blue trousers and a sky blue cook jacket with a white apron and a sky blue cook hat.</p>	
<p>7.</p>		<p>8.</p>	



S8. Look at the picture and circle the person who is wearing... *Mire o debuxo e rodee a persoa que leva posto...*



1. a checked blazer, a white shirt and a red bow tie.
2. blue jeans, a red shirt and a light and dark green checked jacket.
3. striped trousers and a brown jacket.
4. a white shirt, a grey jacket and a purple tie.
5. a spotted pink kimono.
6. a blue uniform and has moustache.
7. a white shirt, a white bow tie and a black tuxedo.
8. a brown jumper with no sleeves.

S9. Read the questions and write about your clothes. Then work with a partner and ask him/her the questions. *Lea as preguntas e escriba sobre a súa roupa. Despois traballe cun ou cunha compañeiro/a e fágalle as preguntas.*

My clothes	
1. What are you wearing?	At the moment, I'm wearing.....
2. What did you wear yesterday?	Yesterday I wore.....
3. What do you wear to sleep?	I usually wear.....
4. What do you wear to exercise?	To exercise I .....
5. What do you wear to work?	When I go to work I wear...
6. What do you wear when you go to a party?	When I go to a party, I usually wear...
7. What did you wear when you were at school?	When I was at school, I usually wear...
8. What do you wear on New Year's Eve?	On New Year's Eve I wear....



## 2.1.2 Grammar

### Comparative

O comparativo dos adxectivos úsase para comparar dúas cousas ou persoas e podemos distinguir tres tipos de comparativos:

- Comparativo de inferioridade: menos.....ca
- Comparativo de igualdade: tan .....coma
- Comparativo de superioridade: máis.....ca

- O **comparativo de inferioridade** fórmase sempre poñendo **less** (menos) diante do adxectivo:

Less + adxectivo + *than*

Menos .....ca

- *Ex: I am less shy than my sister. Eu son menos tímida ca a miña irmá.*
- *Ex: This shirt is less expensive than that one. Esta camisa é menos cara ca a outra.*
- *Ex: This sofa is less comfortable than the old one. Este sofá é menos cómodo ca o outro.*

- O **comparativo de igualdade** úsase para comparar dúas persoas ou cousas que teñen unha calidade en grao semellante. Para formar o comparativo de igualdade emprégase:

(not) *as* + adxectivo + *as*

(non) tan .....coma

- *My car is as fast as your car. O meu coche é tan rápido coma o teu.*
- *His house isn't as big as mine. A súa casa non é tan grande coma a miña.*

- O **comparativo de superioridade** fórmase realizando determinados cambios nos adxectivos, atendendo ao número de sílabas que estes teñan. Para comparar sempre necesitamos un segundo termo e a segunda parte da comparación sempre vai introducida por **than**.

1 sílaba / 2 sílabas en -y: engade -er

2 sílabas ou máis:

*more* + adxectivo + *than*

máis.....ca

	Tipo de adxectivo	Regra	Exemplo
Adxectivos curtos	1 sílaba: <i>fast</i>	engade -er (+ than)	<i>Airplanes are <u>faster than</u> cars.</i> Os avións son máis rápidos ca os coches.
	1 sílaba, rematados en -e: <i>nice</i>	engade -r (+ than)	<i>Mike is <u>nicer than</u> Tommy.</i> Mike é máis agradable ca Tommy.
	1 sílaba, rematados en consoante + vogal + consoante: <i>big</i>	dobra a última consoante e engade -er (+ than)	<i>Paris is <u>bigger than</u> Ferrol.</i> París é máis grande ca Ferrol.
	2 sílabas, rematados en -y: <i>healthy</i>	cambia -y a -i e engade -er (+ than)	<i>Walking is <u>healthier than</u> taking the bus.</i> Camiñar é máis saudable que coller o autobús.

	Tipo de adxectivo	Regra	Exemplo
Adxectivos longos	2 sílabas, non acabados en -y: <i>famous</i>	more... (+ than)	<i>The Statue of Liberty is <u>more famous than</u> the Eiffel Tower.</i> A Estatua da Liberdade é a máis famosa ca a Torre Eiffel.
	3 sílabas ou máis: <i>expensive</i>	more... (+ than)	<i>Seafood is <u>more expensive than</u> fruit.</i> O marisco é máis caro ca a froita.

	Tipo de adxectivo	Regra	Exemplo
Irregulares	<i>Good (bo)</i>	<i>better (+ than)</i>	<i>This CD is <u>better than</u> that one.</i> Este CD é mellor ca aquel.
	<i>Bad (malo)</i>	<i>worse (+ than)</i>	<i>This restaurant is <u>worse than</u> that one.</i> Este restaurante é peor ca aquel.
	<i>Far (lonxe)</i>	<i>Farther (+than)</i>	<i>Your house is <u>farther than</u> mine.</i> A túa casa está máis lonxe ca a miña.

## Secuencia de actividades

S10. Rewrite the sentences using (not) as.....as and less.....than. Follow the example. *Volva escribir as frases usando o comparativo de igualdade e o de inferioridade. Fíxese no exemplo:*

- Mike is stronger than Jim (Mike é máis forte ca Jim).
- Jim isn't as strong as Mike (Jim non é tan forte coma Mike).
- Jim is less strong than Mike (Jim é menos forte ca Mike).

1. Cindy is shorter than Mary.

Mary isn't \_\_\_\_\_

Mary is \_\_\_\_\_

2. Your suitcase is heavier than mine.

My suitcase isn't \_\_\_\_\_

My suitcase is \_\_\_\_\_

3. London is bigger than Madrid.

Madrid isn't \_\_\_\_\_

Madrid is \_\_\_\_\_

4. Football is more popular than boxing.

Boxing isn't \_\_\_\_\_

Boxing is \_\_\_\_\_

5. She works harder than her sister.

Her sister doesn't \_\_\_\_\_





Her sister works \_\_\_\_\_

S11. Make the comparative and write them in the right column. *Coloque a forma comparativa destes adjectivos no lugar correcto.*

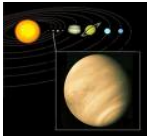



fat - beautiful - boring - cheap - clean - dirty - expensive - happy - good - interesting - noisy - thin - bad - rude - ugly

Regulares					Irregulares
Adjectivos curtos				Adjectivos longos more...	
-er	-r	-ier	dobre cons. + -er		





S12. Compare the following pictures. *Compare as seguintes imaxes.*

1. Geography		2. History	
France	Great Britain (big)	The Parthenon	Pyramids (old)
			

3. Science		4. Biology	
Venus	Pluto (warm)	Dolphins	Lions (intelligent)
			

5. Life		6. Food	
City life	Country life (quiet)	Fast food	Vegetables (healthy)
			

S13. Complete the sentences using comparative. *Complete as seguintes frases utilizando o comparativo.*

1. Angelina Jolie is (beautiful) Jennifer Aniston.	
2. Shopping online is (comfortable) going to the shops.	
3. Paris Hilton is (stupid) Nicole Richie.	
4. Jim Carrey is (funny) Eddie Murphy.	
5. Tom Cruise is (tall) Brad Pitt.	
6. David Beckham is (fast) Pele.	
7. Oprah Winfrey is (interesting) Ellen De Generes.	
8. Britney Spears is (famous) than Beyonce.	

S14. Complete the sentences. Each time use the comparative form of one of the words in the list. *Complete as frases co comparativo usando as palabras do cadro.*

busy - early – high – serious – peaceful – thin – easy – big – important - interested	
1. I was feeling tired last night, so I went to bed _____usual.	6. Health and happiness are _____than money.
2. Unfortunately his illness was _____ we thought at first.	7. The instructions are complicated. They should be _____to understand.
3. You look _____. Have you lost weight?	8. I like living in the countryside. It's _____living in a town.
4. I want a _____flat. We don't have enough space here.	9. In Madrid prices are _____ in Lugo.
5. He doesn't study a lot. He's _____in having good time.	10. We are _____today than we were yesterday. We have so much work!

S15. Choose the correct option and then put the adjective in the comparative form. *Escolle a opción correcta e poña o adxectivo no grao comparativo.*

1. My brother gets the bus before me because his classes are _____ than mine.	Early / late
2. Smoking is bad for you, smokers are probably _____ than other people.	Healthy / unhealthy
3. Eating fruit is _____ than eating white chocolate.	Healthy / unhealthy
4. I'm good at English. English is _____than Chinese.	Easy / Difficult
5. I like Science.In my opinion, Science is _____ than Maths.	Interesting / Boring
6. I always do the shopping online. It's _____.	Comfortable / uncomfortable
7. We usually go camping on holiday. It's _____than going to a hotel.	Expensive / cheap
8. I like buying at the local shops near my house. The fruit is _____	Fresh / comfortable

## Superlative

O superlativo dos adxectivos úsase para destacar as calidades dunha cousa sobre outras. Segue as mesmas regras de formación ca o comparativo, pero cambiando a terminación que se lle engade.

<p><b>1 sílaba / 2 sílabas en -y: the .....-est</b></p> <p>The tallest girl The happiest man</p> <p><b>2 sílabas ou máis:</b></p> <p><b>The most.....</b></p> <p>The most beautiful girl</p>
--

Adjective form	Superlative
<p>1. <b>ONLY ONE SYLLABLE</b>, ending in -E.</p> <p>1 sílaba, acabados en -E</p> <p>Examples: wide, fine, cute</p>	<p>Add <b>-st</b> the widest, finest, cutest</p> <p>Engade -st</p>
<p>Only one syllable, with one consonant + vowel + consonant at the end.</p> <p>1 sílaba, acabados en consoante + vogal + consoante.</p> <p>Examples: hot, big, fat</p> <p>Only one syllable, with more than one vowel or more than one consonant at the end.</p> <p>Examples: light, neat, fast</p>	<p><b>Double the consonant</b>, and add <b>-est</b>:</p> <p>Dobran a última consoante e engaden -est.</p> <p>The hottest, biggest, fattest</p> <p>Add <b>-est</b>: the lightest, neatest, fastest</p>
<p>2. <b>TWO SYLLABLES, ENDING IN -Y</b>. Examples: happy, silly, lonely</p> <p>2 sílabas, acabados en -Y</p>	<p>Change <b>y</b> to <b>i</b>, then add <b>-est</b>: the happiest, silliest, loneliest</p>
<p>3. <b>TWO SYLLABLES (NOT ENDING IN -Y) OR MORE</b>. Examples: modern, interesting, beautiful</p> <p>2 sílabas (que non acaben en -Y) ou máis de 2 sílabas</p>	<p>Use <b>"the most"</b> before the adjective:</p> <p>The most modern, most interesting, most beautiful</p>
<p>4. <b>IRREGULAR ADJECTIVES</b></p>	<p>Good-better- <b>the best</b></p> <p>Bad-worse- <b>the worst</b></p> <p>Far-farther- <b>the farthest</b></p>

**S16. Make the superlative and write it in the right column. Constrúa o superlativo e escribáao na columna correcta.**

hot - beautiful - boring - slow - warm - windy - expensive - happy - good - exciting - sunny - thin - bad - large - ugly

Regulares					Irregulares
Adxectivos curtos				Adxectivos longos The most ...	
-est	-st	-iest	doble cons. + -est		

- S17. Complete these sentences using the superlative of the following adjectives.  
*Complete as oracións usando o superlativo.*

1. This is ..... (old) building in my city.
2. He is ..... (fat) boy in the classroom.
3. What's ..... (long) river in the world?
4. I bought ..... (expensive) trousers in the shop.
5. It was ..... (cold) day of the year.
6. She's ..... (pretty) actress in Spain.
7. His house is very big, but my house is ..... (big).
8. .... (small) present is for you.
9. Peña Trevinca is ..... (high) mountain in Ourense.
10. Vigo is the ..... (big) city in Galicia.

- S18. Work with a partner talking about your life. *Converse cun compañeiro falando sobre a súa vida.*

WHAT (OR WHO) IS ...?	
1. The largest room in your house?	
2. The most popular sport in your country?	
3. The nicest meal you've ever had?	
4. The most popular Italian restaurant in your town?	
5. The worst school subject?	
6. The most expensive thing you've ever bought?	
7. The best thing you've ever done?	
8. The worst thing you've ever done?	
9. The most important person in your life?	
10. The happiest holidays for you?	

- S19. Tick the right sentences and correct the wrong ones. *Marque as frases correctas e corrixa as incorrectas.*

1. Coffee makes you <b>nervouser than</b> tea.	X more nervous
2. Chile is <b>the most beautiful</b> country I've ever visited.	
3. His French isn't <b>as better as</b> his wife's.	
4. Are those trousers new? They are more <b>nice than</b> your other ones.	
5. This restaurant is very expensive. Shall we go somewhere <b>cheaper</b> ?	
6. My son is <b>more lazy than</b> my daughter.	
7. I hope this winter isn't <b>as cold than</b> the last one!	
8. Carlota is <b>most beautiful</b> of all my nieces.	
9. Her last novel was the worse book she has written.	
10. That was delicious. It's <b>the better chocolate cake</b> I've ever eaten.	

S20. Complete these sentences using a comparative or a superlative. *Complete estas frases empregando o comparativo ou o superlativo.*

1. We stayed at _____ hotel in the town. (cheap)
2. Our hotel was _____ all the others in town. (cheap)
3. The United States is very large but Canada is _____ (large).
4. What's _____ river in the world? (long)
5. He was a bit depressed yesterday but he looks _____ today. (happy)
6. It's a horrible day. It's _____ day of my life. (bad)
7. What is _____ sport in the USA? (popular)
8. Everest is _____ mountain in the world. It's _____ than any other mountain. (high)
9. We had a great holiday. It was one of _____ holidays in our life. (enjoyable)
10. What is _____ way of getting from here to the station? (quick)

S21. Work with a partner and in turns make sentences about two things or people using the comparatives. *Traballe cun compañeiro e, en quendas, constrúa oracións comparando dúas cousas ou dúas persoas.*


Ex.: *healthy* → *healthier than* → *Fruit is healthier than candy.*

→ *My father eats healthier than my mother.*

Big	Expensive	Boring	Happy	Small
Good	Difficult	Quiet	Shy	Hot
Bad	Cheap	Strong	Young	Cold
Easy	Healthy	Beautiful	Handsome	Convenient
Interesting	Dangerous	Delicious	Short	Comfortable

### 2.1.3 Reading and writing

S22. Where do you normally shop? Match the pictures with the places. *Onde compra normalmente? Una os debuxos cos nomes dos lugares.*

At the supermarket	At the local shops	On the Internet	At the market
			
1 _____	2 _____	3 _____	4 _____



S23. Read the texts and write the reasons the people give for buying in a particular shop. *Lea os textos e escriba por que a xente compra nunha determinada tenda.*

SHOPPING  
SHOPPING

Peter: I usually go to the local shops in the town centre. It's friendlier and more personal. Last year I went to a department store for some wine, but the shop assistants didn't know anything except the price. Now I always go to a small wine shop near my work. It isn't as cheap as the supermarket, but the woman there knows a lot about wine.

Sarah: When I was a child, there were a lot of local shops. There was a baker's, a butcher's and a fish shop. But then they built a big supermarket near the town. Now all the small shops have gone. Well, you can understand it. They weren't as convenient as the supermarket. So we have to go to the supermarket now-at least the parking is easier there.

Michael: I usually shop on the Internet because I can shop twenty-four seven. I order food and things on the Internet and the supermarket delivers everything to my house. It's the easiest way to shop and it's cheaper, too.

Sue: I go to the market because I think the food is fresher there. If I go to the supermarket, the tomatoes are from France and most of the fruit come from the other side of the world. **However**, I go to the supermarket for heavy things like milk and drinks. I know the supermarket is more convenient because they open longer hours and you can park there easily **but** it isn't as friendly or personal as the local shops and market. **On the other hand**, local shops are often more .....

1. Peter	He shops at the .....because.....
2. Sarah	
3. Michael	
4. Sue	

S24. Work with a partner and answer these questions. *Traballe cun compañeiro/a e conteste as preguntas.*

1. How often do you shop...?

- At a supermarket
- At the local shops
- At a street market
- At a shopping centre
- On the Internet

2. Which do you prefer? Why?

- S25. Read again Sue's text about shopping and write a paragraph about your own shopping habits. Compare different ways of shopping and give your reasons. Use connectors. *Lea outra vez o texto de Sue do exercicio S23 e escriba un parágrafo sobre os seus hábitos de compra. Compare os distintos sitios para comprar e dea as súas razóns. Use conectadores.*

My shopping habits

---

---

---

---

---

---

---

---

## 2.1.4 Listening and speaking

- S26. You are going to listen to a conversation in a clothes shop. Carlos is from Spain. He is visiting London and goes shopping. *Vai escoitar unha conversación nunha tenda de roupa. Carlos é de España, está de visita en Londres e vai de compras.*

1. Listen and circle the items he buys:

- |                     |                    |
|---------------------|--------------------|
| a) A shirt          | d) a pair of jeans |
| b) A jacket         | e) a suit          |
| c) A pair of shorts | f) a T-shirt       |

2. Listen again and answer these questions:


- When does the sale finish?
- How much does the shirt cost?
- Is the jacket in the sale?
- What is the jacket made of?
- Where is the jacket from?
- Does Carlos try on the shirt?
- What size is the shirt?
- How much does Carlos spend?

3. Listen again and find two mistakes Carlos makes:

- a) \_\_\_\_\_ b) \_\_\_\_\_



S27. Read the conversation in a clothes shop and match the sentences with their translation. Then put the conversation in the right order. *Lea a conversación nunha tenda de roupa e una as oracións coa súa tradución. Despois ordene correctamente a conversación.*

<ol style="list-style-type: none"> <li>1. Can I help you?</li> <li>2. How much are they?</li> <li>3. Yes. Here's a small.</li> <li>4. Do you have them in a smaller size?</li> <li>5. They are too loose.</li> <li>6. I like these ones. Can I try them on?</li> <li>7. Do you take credit cards?</li> <li>8. Yes. I'm looking for a pair of trousers.</li> <li>9. Do they suit me?</li> <li>10. Sure. Here you are.</li> <li>11. We have all these trousers on sale.</li> <li>12. How are they?</li> <li>13. Yes. I think that's your size.</li> <li>14. I'll take them.</li> <li>15. £45.</li> <li>16. Yes, we accept Visa.</li> </ol>		<ol style="list-style-type: none"> <li>a) Acáenme ben?</li> <li>b) Son demasiado frouxos.</li> <li>c) Lévoos.</li> <li>d) Si. Aquí ten un talla S.</li> <li>e) Si. Coido que ese é o seu talla.</li> <li>f) Tenos nun talla máis pequeno?</li> <li>g) Si, estou buscando un pantalón.</li> <li>h) Gústame este. Podo probalo?</li> <li>i) Aceptan tarxetas de crédito?</li> <li>j) Que tal lle senta?</li> <li>k) Canto custa?</li> <li>l) Temos todos estes pantalóns de re-baixas.</li> <li>m) Por suposto. Tome.</li> <li>n) Pódolle axudar en algo?</li> <li>o) £45</li> <li>p) Si, aceptamos Visa.</li> </ol>
<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> <li>4.</li> <li>5.</li> <li>6.</li> <li>7.</li> </ol>	<ol style="list-style-type: none"> <li>8.</li> <li>9.</li> <li>10.</li> <li>11.</li> <li>12.</li> <li>13.</li> <li>14.</li> </ol>	<ol style="list-style-type: none"> <li>15.</li> <li>16.</li> </ol>

S28. Read and practise the conversation with a partner. Then make a new conversation in a clothes shop. *Lea e practique a conversación cun ou cunha compañeiro/a. Despois desenvolva unha nova conversación.*

<p>Assistant: Shopper: Assistant: Shopper: Assistant: Shopper: Assistant:  Assistant: Shopper: Assistant: Shopper:  Later... Assistant: Shopper: Assistant: Shopper: Assistant: Shopper: Assistant:</p>	<div style="text-align: right; font-size: 2em; font-weight: bold; color: #800080; margin-bottom: 20px;">SHOPPING FOR CLOTHES</div> <p><i>Can I help you?</i> Yes. I'm looking for a dress. <i>We're having a sale on dresses. What colour would you like?</i> Red, please. That's great. We have this one on the sale. What size? Great. I like it. I need a medium. Can I try it on? Sure. The changing rooms are over there.  How is it? It's too tight. Do you have it in a larger size? Yes. Here you are. This is a large. Thanks.  How is it now? This one is fine. Does it fit me? Yes. I think it's perfect for you. Ok. I'll take it. How much is it? That's £ 35. How would you like to pay? I'll put it on my credit card. Alright, here's your receipt. Have a nice day. Thanks.</p>
---	--

## 2.2 Keeping healthy

### 2.2.1 Vocabulary: health problems


S29. Look at the pictures and label the words. *Mire os debuxos e escriba as palabras.*

a runny nose	a cold	a sore throat	a cramp	a rash	a broken leg / arm			
an earache	a toothache	a headache	a black eye	a bruise	sore eyes			
a backache	a stomach ache	hay fever	a cough	a temperature (BrE)				
HEALTH PROBLEMS: What's the matter? What's wrong? ( <i>Que lle ocorre? Que lle doe?</i> )								
I've got... ( <i>Teño... / Dóeme o/a...</i> )								
								
(the) flu a gripe	1..... un catarro	2..... tose	3..... dor de gorxa	4..... a fever (AmE) febre	5..... unha perna rota / un brazo roto			
								
6..... moqueo nasal	7..... dor de oídos	8..... dor de barriga	9..... dor de moas	10..... dor de cabeza	11..... dor de costas / dor de lombo			
								
12..... Ollos irritados	13..... Un negrón / unha mazadura	14..... Unha cambra	15..... Un ollo morado	16..... Un sarabullo	17..... Alerxia ao pole			
I feel... ( <i>Síntome...</i> )			My... hurts ( <i>Dóeme o/a...</i> )					
								
sick enfermo (AmE) teño náuseas (BrE)	ill enfermo (BrE)	terrible fatal	better mellor	leg perna	arm brazo	foot pé	back lombo / costas	
REMEDIES								
Go ( <i>Ir</i> )		Stay ( <i>Quedar</i> )		Take ( <i>Tomar, coller</i> )				
								
to the dentist ao dentista	to the doctor ao médico	to bed a cama	(at) home na casa	in bed na cama	the day off o día libre	a painkiller un analxé- sico	some cold medicine medicina para o catarro	an aspirin unha aspirina

S30. Fill in this chart with these words. *Complete o cadro con estas palabras.*

<i>a cough – terrible – back – ill – a temperature – better – a cold – a backache – a sore throat – sick</i>	
I've got...	
I feel...	
My... hurts	

S31. Read the conversation and complete it with have or feel. Remember: *have + a noun, feel + an adjective. Lea a conversación e complétea con have ou con feel. Lembre: have + nome, e feel + adxectivo.*

AT WORK	
<p>Boss: Hi, Tim. How are you?</p> <p>Worker: I _____ terrible. (1)</p> <p>B: What's the matter?</p> <p>W: I _____ a terrible headache and a sore throat. (2)</p> <p>B: That's too bad. Do you _____ a cold? (3)</p> <p>W: Yes. I _____ an appointment to see the doctor today. (4)</p> <p>B: Why don't you take the day off? I think you should go home and stay in bed.</p> <p>W: I can't. I've got lots of things to do.</p> <p>B: Oh, dear. I hope you _____ better soon.(5)</p>	

S32. Look at the expressions below. Give your partner some advice. *Observe as expresións seguintes. Déalle algún consello ao seu compañeiro.*

ASKING ABOUT SOMEONE'S HEALTH	EXPRESSING SYMPATHY	GIVING ADVICE
How are you?	Is that right?	You should take the day off.
Are you OK?	Oh, dear.	Drink lots of water.
What's wrong?	Can I do anything to help?	
Are you feeling OK?	That's too bad.	
	I'm sorry.	

S33. Match health problems with remedies. *Una os problemas de saúde cos remedios.*

<p>1. I've got a headache.</p> <p>2. Oh. My arm itches. I've got a rash.</p> <p>3. My nose is bleeding.</p> <p>4. I've got a terrible sore throat.</p> <p>5. I've cut my finger.</p> <p>6. I think I've got the flu.</p>	<p>a. Wait. I've got some tissues.</p> <p>b. Oh, dear. I've got a painkiller. Take it.</p> <p>c. Go to bed and rest.</p> <p>d. I've got some cream for it.</p> <p>e. I've got some plasters.</p> <p>f. Don't talk and drink hot drinks.</p>
--	---

S34. Listen and fill in the gaps. Use the words in the box. *Escoite e encha os ocos. Use as palabras do recadro.*

Flu - headache - medicine - fever - rest - feeling - well - better - stay - hurts

Dr. Smith: Hello, Sasha. How are you \_\_\_\_\_1 to-day?

Sasha: I don't feel \_\_\_\_\_2.

Dr. Smith: What's wrong? Can you tell me how you feel?

Sasha: Well, I have a terrible \_\_\_\_\_3.

Dr. Smith: Hmm...Anything else? Does your throat hurt?

Sasha: Yes, it \_\_\_\_\_4 a little. I have a cough too.

Dr. Smith: Do you have a \_\_\_\_\_5?

Sasha: Yes, I have a low fever.

Dr. Smith: It sounds like you may have the \_\_\_\_\_6.

Sasha: Oh, that's terrible.

Dr. Smith: Don't worry. I will prescribe you some \_\_\_\_\_7 and you will feel better soon.

Sasha: Okay. Can I go to work tomorrow?

Dr. Smith: No. \_\_\_\_\_8 at home tomorrow, get some \_\_\_\_\_9, and drink plenty of juice and water.

Sasha: Thank you, Doctor.

Dr. Smith: Okay, take care of yourself and you feel \_\_\_\_\_10 soon.



S35. Read the conversation at the doctor's office and practise it with a partner. *Lea e practique cun ou cunha compañeiro/a.*

Doctor: What's the matter?

Patient: I have a rash on my arm.

D: How long have you had the rash?

P: For two days.

D: Are you taking anything for it?

P: I put some cream on it.

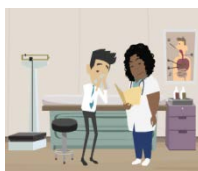
D: I see. Are you allergic to any medicine?

P: Not that I know of.

D: I'm going to give you a prescription for some ointment. I want you to apply it three times a day. You should avoid scratching your skin and it's important to use as little soap as possible.

P: Thank you.

D: Make an appointment to see me next week if you are not better.



Médico: Que lle ocorre?

Paciente: Teño un sarabullo no brazo.

M: Desde cando?

P: Desde hai dous días.

M: Está tomando algo para iso?

P: Boteille crema.

M: Ben. É alérxico a algún medicamento?

P: Non que eu saiba.

M: Voulle facer unha receita para unha pomada. Quero que a aplique tres veces ao día. Evite rascar a pel e é importante que use a menor cantidade de xabón posible.

P: Grazas.

D: Concerte unha cita para verme a semana que vén se non está mellor.

- S36. Work in pairs. One student is the doctor and the other student is the patient. The patient describes his / her health problem and the doctor gives advice. Take the previous dialogue as a model. *Traballe en parellas. Un alumno é o médico e o outro é o paciente. O/a paciente describe o seu problema de saúde e o doutor dálle consello. Siga o modelo do exercicio anterior.*

Doctor's cards	Patient's cards
<b>Ailment:</b> Flu. <b>Prescribe:</b> Antiviral medication. Take three times daily after meals. <b>Extra advice:</b> (a) Get lots of rest. (b) Drink plenty of fluids	<b>Ailment:</b> You have the flu. <b>Duration:</b> Two days. <b>Previous medication:</b> You took some aspirin.
<b>Ailment:</b> Sore throat. <b>Prescribe:</b> Some medication. Take every four hours. <b>Extra advice:</b> (a) Drink plenty of liquids. (b) Drink warm tea with honey.	<b>Ailment:</b> You have a sore throat. <b>Duration:</b> You have had it for two days. <b>Previous medication:</b> You have been taking some throat lozenges (throat candies).
<b>Ailment:</b> Cuts. <b>Prescribe:</b> An antibacterial ointment. Apply three times daily. <b>Extra advice:</b> (a) Wash carefully with mild soap. (b) Keep dirt out of it.	<b>Ailment:</b> You have a bad cut. <b>Duration:</b> You cut yourself this morning. <b>Previous medication:</b> None.
<b>Ailment:</b> Indigestion. <b>Prescribe:</b> Antacid. Take after meals. <b>Extra advice:</b> (a) Avoid spicy food. (b) Cut down on eating and drinking.	<b>Ailment:</b> You have indigestion. <b>Duration:</b> You have had it for three weeks. <b>Previous medication:</b> You have been taking some ant-acid but it hasn't helped.
<b>Ailment:</b> Sprained ankle. <b>Prescribe:</b> Some pain killers Take whenever you have pain. (maximum five times daily) <b>Extra advice:</b> (a) Keep your foot elevated. (b) Keep ice on it for 24 hours.	<b>Ailment:</b> You sprained your ankle. <b>Duration:</b> You sprained it this morning. <b>Previous medication:</b> You took a painkiller.



## 2.2.2 Grammar

### Modals

En inglés hai unha serie de verbos que se chaman modais e que teñen unhas características comúns:

- **Conxúganse igual** en todas as persoas.
  - *I can play chess    They can play chess (+)*
  - *I can't play chess    They can't play chess (-)*
  - *Can I play chess?    Can they play chess? (?)*
- Van **seguidos do infinitivo e do verbo sen "to"**.
  - *Can you **play** chess?*
  - *You should stay in bed.*
- Empréganse **para expresar funcións lingüísticas**: dependendo do verbo modal úsanse para expresar habilidade ou ausencia de habilidade, pedir, invitar, aconsellar, prohibir, deducir, expresar obrigación ou ausencia de obrigación...
  - *I **can't** concentrate myself and I **have to** study for the exam.*  
***Non podo** concentrarme e **teño que estudar** para o exame.*  
*(**incapacidade**.....**obligación**) .*

Un mesmo verbo modal pode expresar varias funcións lingüísticas: por exemplo, o verbo modal **can** pódese usar para expresar habilidade ou capacidade para facer algo, permiso e posibilidade:

- *I can run eight kilometers →expresa habilidade.*
- *If you finish your homework, you can use your mobile now → expresa permiso.*
- *You can't smoke in this restaurant → expresa prohibición.*

Da mesma maneira, unha función lingüística pódese expresar por medio de distintos verbos modais. Por exemplo, a prohibición pódese expresar con **can't** e con **mustn't**.

- *You can't smoke in here.*
- *You mustn't smoke in here.*

Para un uso correcto dos verbos modais, ten que pararse a pensar que é o que quere expresar en inglés: dar un consello, pedir permiso, expresar obrigación...

Neste tema imos traballar cos seguintes verbos modais:

- can / can't could / couldn't
- must / mustn't
- have to / don't have to
- should / shouldn't

CAN	CAN'T	COULD	COULDN'T
<b>Habilidade</b> <i>I can cook.</i>  <b>Posibilidade</b> <i>Can you come on Monday?</i>  <b>Permiso</b> <i>Can I go out at night, mum?</i>  <b>Petición</b> <i>Can you pass me the salt?</i>	<b>Incapacidade</b> <i>I can't cook French food.</i>  <b>Imposibilidade</b> <i>I'm sorry. I can't make Monday.</i>  <b>Prohibición</b> <i>You can't smoke here.</i>	<b>Habilidade no pasado</b> <i>I could run 8 km when I was younger.</i> <b>Suxestións</b> <i>We could go to the beach this weekend.</i>  <b>Petición formal</b> <i>Could you tell me the way to the station, please?</i>	<b>Incapacidade no pasado</b> <i>I couldn't do this exercise at home.</i>

MUST	HAVE TO	MUSTN'T	DON'T HAVE TO <sup>2</sup> DOESN'T HAVE TO	SHOULD / SHOULDNT OUGHT TO
<b>Obrigación persoal<sup>1</sup></b> <i>I must read the newspaper more often.</i> <b>Ordes</b> <i>You must do all these exercises for tomorrow.</i>  <b>Deducións</b> <i>The lights are on. They must be at home.</i>  <b>Written on notices (Nos carteis)</b> <i>Swimmers must leave their clothes in the lockers.</i>	<b>Obrigación externa<sup>1</sup></b> <i>I have to do all the exercises. My teacher told me to.</i>	<b>Prohibición</b> <i>You mustn't talk during the exams.</i>  <b>Written on notices (Nos carteis)</b> <i>You mustn't swim here.</i>	<b>Ausencia de obrigación</b> <i>You don't have to bring your car. I've got mine here.</i>	<b>Consello</b> <i>You should lose weight and you shouldn't smoke.</i>

# <sup>1</sup> Diferenza entre "must" / "have to" para expresar obrigación:

"Must" úsase para dar ordes ou expresar unha obrigación moral da persoa que fala ou ordena.

"Have to" indica que a obrigación vén de normas externas, dunha terceira persoa ou dunha circunstancia.

- *I must stop smoking. (I want to)*
- *I have to stop smoking. (doctor's orders)*

<sup>2</sup> **“Have to”** emprégase na súa forma negativa para expresar **ausencia de obrigación**, conxúgase no tempo verbal correspondente segundo a acción sexa no pasado, no presente ou no futuro.

- *I won't have to study in summer. I've passed all my exams.*
- *I didn't have to study last summer.*
- *Hey, look! I've passed all my exams. I don't have to study in summer.*

### Secuencia de actividades

S37. Complete with: can, can't, could, couldn't. *Complete con can, can't, could ou couldn't.*

1. I am sorry but I \_\_\_\_\_ help you to move the sofa, I have a backache.
2. My cousin \_\_\_\_\_ run very fast, he has got lots of medals at home!
3. Jerry \_\_\_\_\_ buy a new car at the moment, he hasn't got the money.
4. The bag is so heavy that Mary \_\_\_\_\_ carry it.
5. John \_\_\_\_\_ dance very well when he was a teenager.
6. Excuse me! \_\_\_\_\_ you tell me where the toilets are, please?
7. Helen was very busy yesterday, so she \_\_\_\_\_ go to the party.
8. \_\_\_\_\_ you pass me that file, Mr Jones?
9. Hi, boys! \_\_\_\_\_ you turn the TV down, please? It's very loud.
10. -Well \_\_\_\_\_ you come on Monday at ten? -Yes, that's fine.
11. It's so sunny and hot today! We \_\_\_\_\_ go for a swim.
12. He \_\_\_\_\_ swim when he was a child, he learnt when he was twenty.

S38. Complete with *have to* in present past or future tense to express obligation or lack of obligation. *Complete con have to en presente, pasado ou futuro para expresar obrigación ou ausencia de obrigación.*

1. Jenny \_\_\_\_\_ practice a lot to be a good piano player.
2. I \_\_\_\_\_ use your car anymore, I bought one last month.
3. He \_\_\_\_\_ do all the work himself, his colleagues didn't help him.
4. My mother \_\_\_\_\_ take the bus to go to the office, it is near her house.
5. Andrew \_\_\_\_\_ go to the doctor's, he was feeling very bad.
6. He \_\_\_\_\_ wake up early yesterday to be at work at eight o'clock.

S39. Complete with *can*, *can't* or *must*. Complete con **can**, **can't** ou **must**.

1. He \_\_\_\_\_ open the door; he lost his keys.
2. \_\_\_\_\_ I have some coffee, please?
3. She \_\_\_\_\_ speak English very well; she lived in Ireland when she was young.
4. I \_\_\_\_\_ go out, I have a lot of work.
5. We \_\_\_\_\_ wash our hands everyday.
6. \_\_\_\_\_ you open the door, please?
7. Children \_\_\_\_\_ go to bed early.
8. My little sister \_\_\_\_\_ read very well, she learnt in the school.
9. I \_\_\_\_\_ go to the office tomorrow, I have an appointment with the dentist.

S40. Tick the right option. *Indique que expresan os verbos modais nas frases seguintes.*

	Obriga	Prohibición	Capacidade	Incapacidade	Ausencia de obriga	Probabilidade	Consello
1. Jane can miss the train.						<b>x</b>	
2. My mother can't drive.							
3. I don't have to buy bread.							
4. Mary can make delicious cakes.							
5. She can't come to class today.							
6. You mustn't drive too fast.							
7. You must go to the doctor's.							
8. You should go to the doctor's.							
9. I can't hear very well.							
10. John could play tennis when he was a teenager.							

S41. Choose the right modal verb. *Elixa o verbo modal correcto.*

1. Where is your sister? Can / should you see her?
2. You don't have to / mustn't smoke in a hospital.
3. I can't do this exercise. Could / must you help me?
4. You are not fit, you should / can do more exercise.
5. You haven't got a sweater, you can / must be cold.
6. My friend could / can write when he was three.
7. The museum is free, we don't have to / mustn't pay.

S42. Underline the option which best expresses the meaning. *Subliña a opción da dereita que teña o mesmo significado ca a frase da esquerda.*

1. I can't go to school.	I am not able to go / I don't want to go to school.
2. My mother couldn't swim.	She didn't know how to swim / She mustn't swim.
3. You should see the doctor.	If you don't see the doctor. I'll punish you / I advise you to see the doctor.
4. You can't play the piano.	You don't know how to play the piano / You don't need to play the piano.
5. You don't have to pay for the tickets.	You mustn't pay for the tickets / You don't need to pay for the tickets.

S43. Choose the right modal verb. *Elixa o verbo modal correcto para cada unha destas frases.*

1. All workers ..... wear protective shoes when working in the factory.
  - a) mustn't
  - b) have to
  - c) must
2. The secretary ..... finish all this work before going home.
  - a) must
  - b) has to
  - c) had to
3. Jenny doesn't do anything in her house, she .....help more.
  - a) mustn't
  - b) hasn't to
  - c) has to

4. When I was a teenager, we ..... do a lot of homework.
  - a) must
  - b) had to
  - c) has to
5. Excuse me, you ..... smoke on the bus, it's not allowed.
  - a) haven't to
  - b) mustn't
  - c) don't have to
6. You will ..... save a lot of money if you want to go on holiday next summer.
  - a) must
  - b) have to
  - c) can
7. We ..... hurry if we want to be at the cinema on time.
  - a) had to
  - b) have
  - c) must
8. You ..... open the door oven before the fish is cooked.
  - a) didn't have to
  - b) don't have to
  - c) mustn't

**S44. Complete with the right modal verb. *Complete co verbo modal correcto.***

1. You\_\_\_\_\_be a good actor to be famous nowadays.
2. You\_\_\_\_\_tell him that I told you his secret or he will be very angry.
3. I can carry the bags myself, you\_\_\_\_\_help me.
4. You\_\_\_\_\_buy milk, we've got enough.
5. You \_\_\_\_\_ use that knife, it is dangerous.

**S45. Fill in the gaps with the right modal verbs. *Escriba nos espazos baleiros os verbos modais correctos, escollendo entre os seguintes: must, mustn't, should, shouldn't, ought to, have to.***

*Read carefully the instructions before entering the swimming pool.*

1. Children under thirteen\_\_\_\_\_be accompanied by their parents.
2. People\_\_\_\_\_run around the swimming-pool.
3. It is not an obligation, but swimmers \_\_\_\_\_wear caps in the water.
4. All the users\_\_\_\_\_read these instructions before entering the swimming-pool.
5. The changing room\_\_\_\_\_be left clean and tidy.
6. Swimmers \_\_\_\_\_have a shower before entering the swimming-pool.
7. For the safety of users, swimmers\_\_\_\_\_eat before going into the pool.

### 2.2.3 Reading

S46. Read the text and write the pieces of advice in the right place. *Lea o texto e complete os consellos no sitio correcto.*

## Tips for a healthier lifestyle

1. \_\_\_\_\_ British people spend 17 years of their lives on the sofa, seven years watching TV. Do something healthy instead!
2. \_\_\_\_\_ Start with just two 5-minute walks each day. You'll be on the right track.
3. \_\_\_\_\_ for one week to find out the number of steps you take every day. Then add about 250 steps each day. Women up to the age of 40 and men up to 50 need 12,000 steps a day to get fit and lose your tummy.
4. \_\_\_\_\_ A recent study shows that the smell of chocolate chip cookies could make women buy clothes that they don't really need.
5. \_\_\_\_\_ A 2005 study found that hugging your other half for 20 seconds could lower blood pressure and reduce stress.
6. \_\_\_\_\_ We only need 1 g of salt a day, but Britains eat around 9.5g a day!
7. \_\_\_\_\_ The sun's rays help your body produce vitamin D, which helps fight heart disease, depression, osteoporosis and some types of cancer.
8. \_\_\_\_\_ Eating just one extra portion of fruit and vegetables a day could cut your risk of dying early from any cause by 20 per cent.
9. Add 14 years to your life. Follow four very easy principles: don't smoke, take regular exercise, drink sensibly and eat five portions of fruit and vegetables a day. If you have to choose one thing, \_\_\_\_\_—it has the biggest impact on your health.
10. \_\_\_\_\_ People with a positive attitude suffer less from conditions such as heart disease.



Watch less TV  
One is the magic number.  
Don't eat too much salt  
Don't eat that biscuit.  
Laughter is the best medicine.  
Hug your partner.  
Get outside in the sunshine  
Give up smoking  
Get moving!  
Wear a pedometer

Laughter  
is the  
BEST  
medicine.




## 2.2.4 Listening and speaking

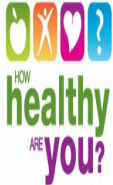
- S47. John is at the nutritionist's. Write down the nutritionist's questions and the nutritionist's advice. Then fill in John's answers as if you were John. *John está no nutricionista. Escriba as preguntas do nutricionista e o consello que lle dá. Despois conteste coma se vostede fose John.*

N: I would like you to answer some questions about your eating habits. \_\_\_\_\_ 1.  
J: \_\_\_\_\_  
N: \_\_\_\_\_ 2. Tell me four things you have for breakfast and four things you have for dinner.  
J: \_\_\_\_\_  
N: \_\_\_\_\_ 3.  
J: \_\_\_\_\_  
  
N: \_\_\_\_\_ 4.  
J: \_\_\_\_\_  
N: Do you eat carbohydrates?  
J: Sorry?  
N: That's cereals, pasta, potatoes...  
J: \_\_\_\_\_  
N: \_\_\_\_\_ 5.  
J: \_\_\_\_\_  
N: \_\_\_\_\_ 6.  
J: \_\_\_\_\_  
N: \_\_\_\_\_ 7.  
J: \_\_\_\_\_  
  
N: Well John, we need to \_\_\_\_\_ (8). Here is the diet you will follow and you will come back next week.

### At the nutritionist's



- S48. Work with a partner. Do the quiz to see if you have a healthy lifestyle. Check answers. Traballe cun compañeiro/a. *Conteste o cuestionario para saber se leva un estilo de vida saudable.*

1. Do you always try to get a good night's sleep? a) No. b) Sometimes. c) Yes.	5. Do you try to eat a well-balanced diet? a) I haven't got time to think about what I eat. b) I usually eat one good meal a day. c) I'm always careful to eat healthy food.	
2. Do you smoke? a) Yes, a lot. b) I have a cigarette every so often. c) I don't smoke.	6. Do you drink a lot of water every day? a) Actually, I hardly drink at all. b) I drink a few times during the day. c) I drink at least 1.5 litres of water every day.	
3. How regularly do you exercise? a) I don't. I'm too busy. b) Once or twice a week. c) At least four times a week.	7. How often are you ill? a) I'm always ill. b) I'm ill a few times a year. c) I'm rarely ill.	
4. Do you feel stressed and unable to relax? d) All the time. e) Quite often. a) Not really.	8. How often do you take medicine? a) Once a week. b) Once a month. c) Twice a year.	

- S49. Your doctor needs information about your food habits to help you plan a healthier lifestyle. Work with a partner. Take turns being the doctor and the patient. Ask and answer the questions. *O seu médico necesita información sobre os seus hábitos alimentarios para axudarlle a programar un estilo de vida máis saudable. Traballe cun compañeiro/a. En quendas, faga de médico/a e de paciente preguntando e respondendo as preguntas.*

## Food Habits Survey

Please complete all sections as completely and accurately as possible

Name \_\_\_\_\_

Date \_\_\_\_\_

1. Who shops for food at your home? \_\_\_\_\_
2. Who prepares it? \_\_\_\_\_
3. What do you drink during the day? \_\_\_\_\_
4. What kind of meat do you usually buy?  
\_\_\_\_ hamburger, steaks, pork chop    \_\_\_\_ chicken, fish
5. What type of meal or meals do you prepare most often?  
\_\_\_\_ fry    \_\_\_\_ bake    \_\_\_\_ grill
6. How many times a day do you eat? \_\_\_\_\_
7. What do you usually eat? \_\_\_\_\_
8. How many times do you eat out during the week? \_\_\_\_\_
9. What restaurant do you go to most often? \_\_\_\_\_
10. Do you add salt to your food at the table?  
\_\_\_\_ Yes \_\_\_\_ No
11. Do you add salt to foods when you cook?  
\_\_\_\_ Yes \_\_\_\_ No

## 2.3 Sociocultural aspects: festivals and festivities

### 2.3.1 April Fool's Day

S50. Read and do the quiz. *Lea e cubra o cuestionario.*



Do you know the origin of April Fool's Day? The origin of this holiday is rather uncertain but most people believe that it was the result of a change in our calendar. April Fool's Day started in the sixteenth century in Europe. Before that time, New Year's Day was celebrated on April 1<sup>st</sup> but with the introduction of the Gregorian calendar the date for the New Year was moved from April 1<sup>st</sup> to January 1<sup>st</sup>.

During that time in history there were no good communication systems such as TV, radio, the Internet...so many people did not know of the change for several years and they continued to celebrate New Year's Day in April. These people were considered "fools" and jokes were played on them.

Nowadays, people play jokes on each other and newspapers and other media may publish false news or photos on April 1<sup>st</sup>. It is celebrated in many parts of the world. In Scotland, April Fool's Day lasts 48 hours and the victim is called "hunting the gowk" which is an extinct cuckoo bird. In France, it is the "poisson d'Avril" or "fish of April." as the fish in April are easily caught. French children enjoy tapping a picture of a fish on their friends' back and saying "Poisson d'Avril!". Día de los Santos Inocentes is celebrated in Spain on December 28<sup>th</sup>. This is The Feast of the Holy Innocents. It's celebrated similarly to April Fools' Day with practical jokes as in the United States and Great Britain. The only "rule" is that no one should be harmed. The best jokes are when everybody including the victim laughs.

1. What is the origin of April Fool's Day?

- a) We don't know it for sure.
- b) In the 16th century.
- c) On January 1<sup>st</sup>

2. A long time ago, the first day of the year was...

- a) on April.
- b) on April 1<sup>st</sup>.
- c) on January 1<sup>st</sup>.

3. Some people did not realise that the date for the New Year had changed.

- a) We don't know.
- b) False.
- c) True.

4. When you have played a trick on somebody, you say in English:

- a) Poisson d'Avril.
- b) April Fish.
- c) April Fool.

5. In Spain the equivalent of April Fool's Day is on

- a) the twenty-eight of December.
- b) the twenty-eighth of December.
- c) December the twentyeight.

### 3. Actividades de autoavaliación

Nesta páxina encontrará algúns cadrados con distintos tipos de actividades (completar oracións, facer e contestar preguntas, traducir, nomear termos dun vocabulario...).

Empregarao como exercicio de autoavaliación e repaso para comprobar se afianzou de forma correcta os contidos do tema.

Se está na clase, pode repasar de forma lúdica. Unha vez cortados os cadrados e colocados amoreados sobre a mesa, en grupos e por quendas, collerán unha ficha e irán respondendo as preguntas. Se a resposta é correcta, o grupo gañará un punto.

Se está na casa, conteste as preguntas unha por unha e comprobe a resposta correcta enviándollas ao seu titor/a.

NAME CLOTHES USED BY WOMEN	NAME CLOTHES USED BY MEN	NAME CLOTHES USED BOTH BY WOMEN AND MEN	NAME ILLNESSES	WHAT IS YOUR TEACHER WEARING?
WHAT ARE YOU WEARING NOW?	WHAT DO YOU WEAR TO GO TO THE BEACH?	ROLE-PLAY: AT A CLOTHES SHOP	ROLE-PLAY: AT THE DOCTOR'S OFFICE.	COMPARE LIFE IN THE CITY AND IN THE COUNTRY USE: quiet – stressful - boring - interesting
This hotel is ____(cheap) in the city.	This is _____ (interesting) place in the city.	My car is ____ (fast) than yours.	My teacher is _____ (young) than me.	Your gardner looks ____(good) today than last week.
GIVE ADVICE  I'd like to lose some weight.	GIVE ADVICE  I have a cold and fever	GIVE ADVICE  I want to improve my English.	GIVE ADVICE  I'd like to save some money	GIVE ADVICE  Somebody stole my purse.
Yesterday I _____ finish my Geography project.  Must Mustn't Had to	She _____wait in the queue like everyone else.  Must Mustn't Have to	Do you _____work next weekend?  Must Mustn't Have to	Amy: There are some sandwiches in the fridge.Mum.  She _____ to make any sandwiches	"Exam starts at 8:00. Please Arrive at 8:45"  Students _____ arrive at 8.45
USE A MODAL  My father _____ speak German when he was 10, but he _____ now.	USE A MODAL  They have won the lottery. They _____be very happy.	USE A MODAL  I _____ to study hard tomorrow if I want to pass the exam.	USE A MODAL  Danger! Don't swim here. We _____ swim here.	USE A MODAL  You _____ come with us if you want.

## 4. Solucionario das actividades propostas

---

S1. 1. *Pants, pullover.* 2. *Blouse.* 3. *Gloves.*

4. *Flip-flops, cap, swimsuit, swimming-trunks.*

5. *Suit, tie, shirt, dress, skirt.* 6. *Coat, scarf, hat, gloves.*

7. *Jacket, trousers, raincoat.* 8. *Bra, tights, knickers, handbag.*

S2. *Jacket-raincoat- coat-blazer. Jeans-suit-trousers-dress-skirt.*

*Sweater-t-shirt-shirt-jumper.*

*Dressing gown-slippers-nightdress-pyjamas.*

*Bra and knickers- underpants-socks-tights.*

*Boots-high heels-flip-flops-sandals-shoes-trainers.*

*Swimming-costume-belt-hat-gloves-tie-scarf.*

S3.

1. Tuxedo	2. Cardigan	3. Shorts
4. Blouse	5. Hoodie or sweatshirt	6. Tracksuit
7. Beret	8. Headscarf	9. Bow tie
10. Bikini	11. Swimming trunks	12. Foulard
13. Necklace	14. Pendant	15. Ring
16. Headband	17. Earrings	18. Bracelet

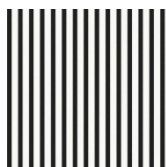




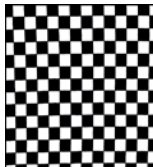
S4.

MATERIALS		PATTERNS
1. Linen	Liño	7. Spotted
2. Denim	Tecido vaqueiro	8. Striped
3. Cotton	Algodón	9. Patterned
4. Lycra	Lycra	10. Checked
5. Silk	Seda	11. Plain
6. Wool	La	12. Flowery

S5.

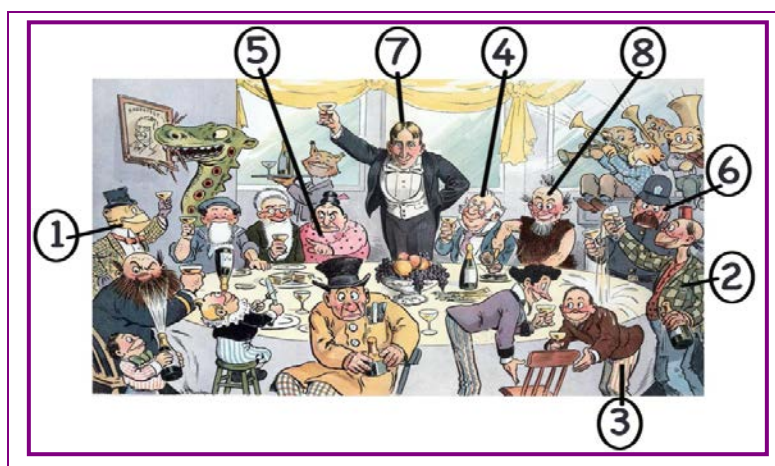
MATERIALS	
1. Wool	Cardigan, gloves, jumper, scarf.
2. Lycra	Cropped top, cycling shorts, leggings, swimsuit.
3. Cotton	Blouse, shirt, T-shirt, underwear.
4. Silk	Shirt, scarf, tie, underwear.
5. Linen	Blouse, hat, suit, dress.
6. Denim	Dress, jeans, jacket, skirt.

S6.

PATTERNS ( Estampados)					
					
Stripped <i>De raias</i>	Spotted <i>De lunares</i>	Plain <i>Liso</i>	Patterned <i>Estampado</i>	Flowery <i>De flores</i>	Checked <i>De cadros</i>

- S7. 1. Waiter 2. Model 3. Secretary 4. Fireman 5. Singer 6. Policeman  
 7. I'm a manager. I'm wearing a black suit, a white shirt and a blue tie.  
 8. I'm a policeman and I'm wearing black trousers and black shoes, a blue shirt and a blue tie with a blue hat.

S8.



S9. Free answer.

- S10. 1. As short as Cindy / less short than Cindy.  
 2. As heavy as yours / less heavy than yours.  
 3. As big as London / less big than London.  
 4. As popular as football / less popular than football.  
 5. Work as hard as her sister / less hard than her sister.

S11.

Regulares					Irregulares
Adxectivos curtos				Adxectivos longos more ...	
-er	-r	-ier	dobre consoante + -er		
<i>cheaper cleaner</i>	<i>runder</i>	<i>dirtyer happier noisier uglier</i>	<i>fatter thinner</i>	<i>more beautiful more boring more expensive more interesting</i>	<i>better worse</i>

S12. 1. France is bigger than Great Britain.

2. Pyramids are older than the Parthenon.

3. Venus is warmer than Pluto.

4. Dolphins are more intelligent than lions.

5. Country life is quieter than city life.

6. Vegetables are healthier than fast food.

S13. 1. More beautiful than. 2. More comfortable than.

3. More stupid than. 4. Funnier than.

5. Taller than. 6. Faster than.

7. More interesting than. 8. More famous than.

S14. 1. Earlier than. 2. More serious than. 3. Thinner. 4. Bigger. 5. More interested. 6. More important. 7. Easier. 8. More peaceful than. 9. Higher than. 10. Busier.

S15. 1. Earlier 2. More unhealthy 3. Healthier 4. easier

5. More interesting 6. More comfortable 7. Cheaper 8. Fresher

S16.

Regulares					Irregulares
Adxectivos curtos the +...				Adxectivos longos The ...	
-est	-st	-iest	dobre consoante + -est		
<i>slowest warmest</i>	<i>largest</i>	<i>windiest happiest sunniest ugliest</i>	<i>hottest thinnest</i>	<i>most beautiful most boring most expensive most exciting</i>	<i>The best The worst</i>

S17. 1. The oldest. 2. The fattest. 3. The longest. 4. The most expensive. 5. The coldest. 6. The prettiest. 7. The biggest. 8. The smallest. 9. The highest. 10. Biggest.

S18. Free oral activity.

S19.

1. Coffee makes you <b>nervouser than</b> tea.	X	more nervous
2. Chile is <b>the most beautiful</b> country I've ever visited.	√	
3. His French isn't <b>as better as</b> his wife's.	X	as good as
4. Are those trousers new? They are <b>more nice than</b> your other ones.	X	nicer than
5. This restaurant is very expensive. Shall we go somewhere <b>cheaper</b> ?	√	
6. My son is <b>more lazy than</b> my daughter.	X	lazier
7. I hope this winter isn't <b>as cold than</b> the last one!	X	as cold as
8. Carlota is <b>most beautiful</b> of all my nieces.	X	the most
9. Her last novel was <b>the worse</b> book she has written.	X	the worst
10. That was delicious. It's <b>the better chocolate cake</b> I've ever eaten.	X	the best

S20. 1. The cheapest. 2. Cheaper than. 3. Larger.  
 4. The longest. 5. Happier. 6. The worst.  
 7. the most popular. 8. The highest / higher.  
 9. the most enjoyable. 10. The quickest.

S21. Free activity.

S22. 1. At the local shops 2. On the Internet 3. At the market 4. At the supermarket

S23. 1. Peter buys at the local shops because it's friendlier and more personal although it's more expensive.  
 2. Sarah buys at the supermarket because there aren't local shops that were more convenient. The good thing about it is that the parking is easier.  
 3. Michael buys online because you can buy at any time: 24 hours the seven days of the week. It's the easiest way to shop because the supermarket delivers the shopping to his house. It's also cheaper.  
 4. Sue goes to the market because she thinks that the food is fresher and it's friendlier and more personal than the supermarket.



S24. *Free activity.*

S25. *Free activity.*

S26. 1. *A jacket and a shirt.*

2. a) *It finishes that day.*

b) *It costs £20.* c) *Yes, it is.* d) *It's made of leather (pel).*

e) *It's from Italy.* f) *Yes, he does.* g) *It's a medium.*

h) *He spends £140.*

3. a) *It's too good\*→ It's really good.* b) *What size it is? \*→What size is it?*

*Script:*

Assistant: *Excuse me. Do you need any help?*

Carlos: *No, thank you. I am fine. I'm just looking.*

Assistant: *That shirt's in the sale. Today's the last day.*

Carlos: *Oh, right. Hmmm. Well, I like the colour.*

Assistant: *It's £20 in the sale. The normal prize is forty.*

Carlos: *Oh, OK. That's quite good. Oh, that jacket is nice. How much is it?*

Assistant: *That's half price too- £120. It's leather, made in Italy. Would you like to try it on?*

Carlos: *Oh, yes. I like it a lot. It's too good\*.*

Assistant: *Mmm, yes. I think it suits you.*

Carlos: *Really? Well, OK then. I'll take it.*

Assistant: *And the shirt as well?*

Carlos: *Er. Well, what size it is? \**

Assistant: *It's a medium. I'm sure it'll fit you, and it will go nicely with the jacket.*

Carlos: *OK. I will take the shirt as well!*

S27. 1-n 2-k 3-d 4-f 5-b 6-h 7-i 8-g 9-a 10-m 11-l  
12-j 13-e 14-c 15-o 16-p.

Order: 1-8-11-6-10-12-5-4-3-9-13-2-15-14-7-16.

S28. *Free activity.*

S29.

1. A cold	2. A cough	3. A sore throat
4. A temperature	5. A broken leg/arm	6. A runny nose
7. An earache	8. A stomach ache	9. A toothache
10. A headache	11. A backache	12. Sore eyes
13. A bruise	14. A cramp	15. A black eye
16. A rash	17. Hay fever	

S30.

*I've got a temperature, a cough, a cold, a backache, a sore throat.*

*I feel terrible, ill, better, sick.*

*My back hurts.*

S31. 1. *Feel* 2. *Have* 3. *Have* 4. *Have* 5. *Feel*

S32. *Free activity.*

S33. 1-b 2-d 3-a 4-f 5-e 6-c

S34. 1. *feeling* 2. *well* 3. *headache* 4. *hurts* 5. *fever* 6. *flu* 7. *medicine*  
8. *stay* 9. *rest* 10. *better.*

S35. *Free activity.*

S36. *Free activity.*

S37. 1. *Can't.* 2. *Can.* 3. *Can't.* 4. *Can't.* 5. *Could.* 6. *Can/ Could.* 7. *Couldn't.*  
8. *Could.* 9. *Can.* 10. *Can.* 11. *Could (suxestión).* 12. *Could.*

S38. 1. *Has to.* 2. *Don't have to.* 3. *Had to.*  
4. *Doesn't have to.* 5. *Had to.* 6. *had to.*

S39. 1. *Can't.* 2. *Can.* 3. *Can.* 4. *Can't.* 5. *Must.*  
6. *Can.* 7. *Must.* 8. *Can.* 9. *Can't.*

S40. 2. Incapacidade. 3. Ausencia de obrigación. 4. Capacidade.  
5. Incapacidade. 6. Prohibición. 7. Obriga  
8. Consello. 9. Incapacidade. 10. Capacidade.

S41. 1. can. 2. mustn't. 3. could. 4. should. 5. must.  
6. could. 7. don't have to.

S42. 1. I am not able. 2. She didn't know how to swim.  
3. I advise you to see the doctor. 4. You don't know how to play the piano.  
5. You don't need to pay for the tickets.

S43. 1. Must. 2. Has to. 3. Has to. 4. Had to. 5. Mustn't.  
6. Have to. 7. Must. 8. Mustn't.

S44. 1. don't have to be. 2. mustn't. 3. don't have to.  
4. don't have to. 5. mustn't / shouldn't use.

S45. 1. must / have to. 2. can't / mustn't. 3. should. 4. have to / must.  
5. must / has to. 6. should / ought to. 7. shouldn't.

S46. 1. Watch less TV. 2. Get moving. 3. Wear a pedometer.  
4. Don't eat that biscuit. 5. Hug your partner. 6. Don't eat too much salt.  
7. Get outside in the sunshine. 8. One is the magic number.  
9. Give up smoking. 10. Laughter is the best medicine.

S47. N: I would like you to answer some questions about your eating habits. Do you eat fruit every day?

J: \_\_\_\_\_ 1

N: What kind of food do you eat? Tell me four things you have for breakfast and four things you have for dinner.

J: \_\_\_\_\_ 2

N: Do you eat any fish?

J: \_\_\_\_\_ 3

N: How often do you eat fish a week?

J: \_\_\_\_\_ 4

N: Do you eat carbohydrates? J: Sorry?

N: That's cereals, pasta, potatoes...

J: \_\_\_\_\_ 5

N: How many meals do you have a day?

J \_\_\_\_\_ 6

N: Do you eat between meals?

J: \_\_\_\_\_ 7

N: Do you exercise?

J: \_\_\_\_\_ 8

N: Well John, we need to go on a diet (9). Here is the diet you will follow and you will come back next week.

S48. *Mostly As: You have a healthy lifestyle. Keep it up!*

*Mostly Bs: With a little more effort, you'll feel a lot better.*

*Mostly Cs: You really should take better care of yourself.*

S49. *Free answer.*

S50. 1-a    2-b    3-c    4-c    5-b.

## 5. Bibliografía e recursos

---

### Bibliografía

- Nigel Bwyne (2014): *English Comunicación y Sociedad*. MacMillan Profesional.
- Christina Latham-Koenig e Clive Oxenden (2012): *English File Elementary 3rd Edition. Student's Book*. Oxford University Press.
- Tom Hutchinson (2007): *English for Life Pre-intermediate y Elementary. Student's Book*. Oxford University Press.
- Tom Hutchinson (2009): *English for Life Intermediate. Student's Book*. Oxford University Press.
- Peter Watcyn-Jones (1994) *Target Vocabulary 1*. Penguin English
- Liz Driscoll with Glennis Pye (2005) *Vocabulary in practice 5*. Cambridge University Pres.
- Glennis Pye (2003) *Vocabulary in practice 4*. Cambridge University Press.
- Miles Craven (2004) *Listening Extra*. Cambridge University Press.
- Gina D.B Clemem (2004) *British and American festivities*. Black Cat Publishing.
- <http://www.infoplease.com/spot/aprilfools1.html>
- <http://www.history.com/this-day-in-history/april-fools-tradition-popularized>
- <http://bogglesworldesl.com/>

### Enlaces de Internet

#### Grammar and Vocabulary

- [http://www.english-hilfen.de/en/exercises\\_list/alle\\_grammar.htm](http://www.english-hilfen.de/en/exercises_list/alle_grammar.htm)
- <http://www.isabelperez.com/>
- <http://www.learnenglishfeelgood.com/esl-english-grammar-exercises.html>
- <http://www.perfect-english-grammar.com/grammar-exercises.html>
- <https://www.usingenglish.com/handouts/>
- <http://www.agendaweb.org/>











#### Listening and Reading




- <http://www.dailyesl.com/>

- <http://www.breakingnewsenglish.com/>
- <http://www.elllo.org/>
- <http://esl.about.com/od/englishlistening/>
- <http://www.esl-lab.com/>
- <https://fog.ccsf.edu/~lfried/stories/stories.html>

## 6. Anexo. Licenza de recursos

### Licenzas de recursos utilizadas

RECURSO (1)	DATOS DO RECURSO (1)	RECURSO (2)	DATOS DO RECURSO (2)
Imaxes S2  RECURSO 1	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: Unidades didácticas educación secundaria semipresencial Lingua Inglesa. <a href="http://www.edu.xunta.gal/portal/node/969">http://www.edu.xunta.gal/portal/node/969</a></li> </ul>	Imaxes S3  RECURSO 2	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="https://commons.wikimedia.org">https://commons.wikimedia.org</a> <a href="https://pixabay.com">https://pixabay.com</a> <a href="https://www.wikipedia.org/">https://www.wikipedia.org/</a> <a href="http://www.goodfreephotos.com/vector-images">www.goodfreephotos.com/vector-images</a> <a href="https://www.flickr.com">https://www.flickr.com</a> <a href="https://www.wikipedia.org">https://www.wikipedia.org</a></li> </ul>
 RECURSO 3	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="http://all-free-download.com/free-vector/vector-spot-pattern-background.html">http://all-free-download.com/free-vector/vector-spot-pattern-background.html</a></li> </ul>	 RECURSO 4	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="https://es.dreamstime.com">https://es.dreamstime.com</a></li> </ul>
 RECURSO 5	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="https://commons.wikimedia.org">https://commons.wikimedia.org</a></li> </ul>	Imágenes S12  RECURSO 6	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: Unidades didácticas educación secundaria semipresencial Lingua Inglesa. <a href="http://www.edu.xunta.gal/portal/node/969">http://www.edu.xunta.gal/portal/node/969</a></li> </ul>
 RECURSO 7	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="https://keepfresh.com.au/">https://keepfresh.com.au/</a></li> </ul>	 RECURSO 8	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="http://www.eatthis.com/things-fast-food-chains-dont-want-you-to-know">http://www.eatthis.com/things-fast-food-chains-dont-want-you-to-know</a></li> </ul>
 RECURSO 9	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="https://pixabay.com">https://pixabay.com</a>.</li> </ul>	 RECURSO 10	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="http://www.goanimators.com">www.goanimators.com</a></li> </ul>
 RECURSO 11	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial:</li> <li>Procedencia: <a href="https://www.flickr.com">https://www.flickr.com</a>.</li> </ul>	Imaxes S29  RECURSO 12	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="http://www.pixabay.com">www.pixabay.com</a></li> </ul>
 RECURSO 13	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="https://www.flickr.com">https://www.flickr.com</a></li> </ul>	Imaxes S46  RECURSO 14	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia: <a href="http://www.goggleimages.com">www.goggleimages.com</a></li> </ul>

RECURSO (1)	DATOS DO RECURSO (1)	RECURSO (2)	DATOS DO RECURSO (2)
 RECURSO 15	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia:  <a href="http://www.dailymail.co.uk/health/article-1077359/Jane-Clarke-You-shouldnt-listen-nutritionists.html">http://www.dailymail.co.uk/health/article-1077359/Jane-Clarke-You-shouldnt-listen-nutritionists.html</a> </li> </ul>	 RECURSO 16	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia:  <a href="http://www.vimeo.com">www.vimeo.com</a> </li> </ul>
 RECURSO 17	<ul style="list-style-type: none"> <li>Autoría: CC</li> <li>Licenza: Comercial</li> <li>Procedencia:  <a href="http://pearlfradio.sx/2012/07/11/how-healthy-is-st-maarten-survey-bidding-process-starte">http://pearlfradio.sx/2012/07/11/how-healthy-is-st-maarten-survey-bidding-process-starte</a> </li> </ul>		