

Apelidos e nome da persoa candidata: .....

## PROBA DE CERTIFICACIÓN DE NIVEL INTERMEDIO

Inglés

### Comprensión de lectura

Puntuación e duración:

			NON ESCRIBIR Espazo para a corrección
Tarefa 1	Aprox. 10 minutos	5 puntos	
Tarefa 2	Aprox. 10 minutos	7 puntos	
Tarefa 3	Aprox. 20 minutos	5 puntos	
Tarefa 4	Aprox. 20 minutos	8 puntos	
<b>TOTAL máx. 60 MINUTOS</b>		<b>TOTAL 25 PUNTOS</b>	..... /25

**Materiais ou instrumentos que se poden empregar durante a proba:**

- Bolígrafo con tinta negra ou azul.

**Advertencias para a persoa candidata:**

- Os tempos son orientativos e non haberá pausa ningunha entre as distintas tarefas.
- Os teléfonos móbiles deben permanecer apagados durante a proba.
- Non se avaliará ningunha tarefa escrita con lapis ou emendada con líquidos ou cintas correctoras.
- Anularanse as respostas nas que se marque máis dunha opción, sempre que non se indique con suficiente claridade que se trata dun erro.
- En caso de erro, as persoas candidatas marcarán a nova resposta cun X rodeado por un círculo (X).
- Anularanse as respostas que non sexan claras e/ou lexibles e que non estean dentro dos espazos habilitados para tal fin.
- Deberá asinar a entrega desta proba no documento correspondente.

**TASK 1**

(...../5)

Here are some tips on how to save money when you move house. Read texts B-H and headings 1-5 carefully. IN BLOCK CAPITALS, write the letter of the text next to the corresponding heading in the space provided, as in example 0. Notice that:

- each heading goes with only one text
- there are more texts than headings

Answers must be based exclusively on the information in the texts.

**8 WAYS TO SAVE MONEY WHEN YOU MOVE**

*Moving is expensive. Knowing what you'll need to spend, where you can save and budgeting appropriately can help keep those dollars in your pocket where they belong.*

<b>A.</b> <b>Ex.</b>	This is a critical step in planning your move. People who don't prepare a moving budget usually find themselves shocked at the amount that they end up paying, leading to more debt and frustration. What we suggest is that you review the other top 7 ways to save money before you complete your budget.
<b>B.</b>	Before you start to pack, find out where you'll be spending your money. Figuring out exactly what you need to complete your move and how much it will cost, will determine how and when you move. This should be your first step in the planning process.
<b>C.</b>	My sister recently moved, and she only looked at the costs before she moved and during her move. But when it came time for the post-move costs, she was shocked at what she spent to get her new home up and running.
<b>D.</b>	Hiring a moving company can cost anywhere from \$800 to \$4000 depending on when and to where you'll be moving, plus how much stuff you have. Moving yourself, while it will take more time and energy, may be the best option for your particular move. Weigh the pros and cons of each option before you decide.
<b>E.</b>	Before you hire a moving company, find out what kind of extra fees you may be charged. This could include line haul charges or extra carrying fees. Also, there are some ways to save money, including bargaining for a better price and moving in the off-season. Check out all the ways to save before you hire.

<b>F.</b>	While extra insurance does bring peace of mind, it's something you'll need to decide whether or not it's necessary to purchase. Find out how to weigh your options - you could save yourself some money.
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<b>G.</b>	Find out what you'll need before you purchase packing supplies so you don't overspend. Also, get great tips on saving money by getting some stuff for free!
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<b>H.</b>	Even if you're not sure that you qualify for tax deductions, keep all receipts related to your move, including travel expenses, gas and mileage and any fees associated with transferring your car, plus a whole lot more...
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*Adapted for this test from www.about.com*

### ANSWER GRID

HEADINGS	Text letter	Examiner's use only
0. Step-by-step guide to preparing a moving budget	<b>A</b>	✓
1. Collect and record your moving proofs of purchase		
2. How much money you will need after you move		
3. How to save on additional moving company costs		
4. Plan ahead and make an estimate of the expenses		
5. Which alternative will save you the most money		

**TASK 2**

(...../7)

Here is some information about hotels in San Francisco. Read texts A-D and statements 1-7 carefully. IN BLOCK CAPITALS, write the letter of the text which provides the information required in the space provided, as in example 0. Notice that:

- all questions can be answered
- one single text can be the answer to more than one question
- each question has only one possible answer

Answers must be based exclusively on the information in the texts.

**SFTRAVEL – SAN FRANCISCO HOTELS**

**A.**

**La Luna Inn**

The renovation of this 1960s motel is a modern classic with great prices that include both breakfast and parking. The location is right near the Golden Gate Bridge approach in San Francisco. The rooms include comfy new beds, modern furniture, and stylish painting. This motel is in the budget class - but its quality renovation and staff's dedication to service make it a great choice for your trip. Travelers are already reporting great satisfaction with this "newly new" property in the Marina area.

La Luna gives you a great bargain for basic accommodation in a safe, convenient area near a variety of cool local attractions including both Marina Green and Pacific Heights.

**B.**

**Argonaut Hotel**

When you think about visiting San Francisco's many tourist attractions, the hotel you imagine alongside them is the Argonaut. Not only is it right smack in the center of the Fisherman's Wharf area, but its 1907-era architecture screams San Francisco history. It is an elegant, four-star hotel, but maintains an authentic, rustic feel because of its rich brick façades, the maritime-themed rooms, and the breathtaking views of Alcatraz and the Golden Gate Bridge. If you're in town for only a short visit, you can knock out nearly all the city's most famous attractions just walking outside the Argonaut.

While the Argonaut's façade dates back to the turn of the twentieth century, the modern hotel has been open only since 2003.

**C.**

**Handlery Union Square**

The Handlery is one of SFTravel's most popular hotels. It's an older hotel with a very central location at Union Square that offers very good rates for the area. Like most hotels in this area, there can sometimes be street noise from a variety of bars and municipal services depending on the location of your room. Rooms are older, smaller than many major chains, and a little worn, but the location is the key. Visitors describe it as a great combination of hotel privacy with a "bed and breakfast" character of historical inns. Room service is available and has good reviews from travelers. We recommend the Handlery for a budget choice near Union Square.

**D.**

**Orchard Hotel**

Boutique hotels are quickly becoming popular with discriminating travelers and business people in San Francisco. The Orchard Hotel is owned by a Shanghainese family with hotels in Asia, and they chose San Francisco as the site to start new and get all the details just right.

The building which houses the Orchard Hotel was constructed from the ground up to be luxurious, but it does so in the simplest and most comfortable way. There are 104 non-smoking rooms available on 12 floors, so you're never more than a short walk from the elevator to your room, to the excellent restaurant, or to the nearby cable cars. Right away you'll notice that the rooms are much larger than typical Union Square hotels dare offer, and have comfortable European-style furniture.

*Adapted for this test from www.sftravel.com*

**ANSWER GRID**

<b>STATEMENTS</b>	<b>Text letter</b>	<b>Examiner's use only</b>
<b>0.</b> Room price for this hotel includes parking.	<b>A</b>	✓
<b>1.</b> Breakfast is included in this hotel.		
<b>2.</b> Location is better than room quality in this hotel.		
<b>3.</b> Most tourist spots are near this hotel.		
<b>4.</b> The rooms in this hotel are bigger than usual.		
<b>5.</b> The staff is very helpful in this hotel.		
<b>6.</b> This hotel is part of an international hotel group.		
<b>7.</b> You can see top sights from this hotel.		

**TASK 3**

(...../5)

Here is a set of rules indicating how to behave in the countryside. Read the text carefully. Then read statements 1-5, decide whether they are TRUE or FALSE and mark the correct option (X) in the space provided, as in example 0.

Answers must be based exclusively on the information in the text.

**COUNTRYSIDE CODE**

**Be safe – plan ahead and follow any signs**

Even when going out locally, it's best to get the latest information about where and when you can go. For example, your rights to go onto some areas of open land may be restricted while work is carried out, for safety reasons, or during breeding seasons.

- Check weather conditions before you leave, and don't be afraid to turn back.
- Get to know the signs and symbols used in the countryside. Download and print out our Finding Your Way Advice Sheet to take with you. It shows all the up to date signs and symbols.

**Leave gates and property as you find them**

Please respect the working life of the countryside, as our actions can affect people's livelihoods, our heritage, and the safety and welfare of animals and ourselves.

- A farmer will normally leave a gate closed to keep livestock in, but may sometimes leave it open so they can reach food and water. Leave gates as you find them or follow instructions on signs. If walking in a group, make sure the last person knows how to leave the gates.
- If you think a sign is illegal or misleading such as a 'Private – No Entry' sign on a public footpath, contact the local authority.
- Leave machinery and livestock alone – don't interfere with animals even if you think they're in distress. Try to alert the farmer instead.

**Protect plants and animals and take your litter home**

We have a responsibility to protect our countryside now and for future generations, so make sure you don't harm animals, birds, plants or trees.

- Fires can be devastating – so be careful not to drop a match or smouldering cigarette at any time of the year. Sometimes, controlled fires are used to manage vegetation, so please check that a fire is not supervised before calling 999.
- You do not have to put your dog on a lead on public paths, as long as it is under close control. But as a general rule, keep your dog on a lead if you cannot rely on its obedience. By law, farmers are entitled to destroy a dog that injures or worries their animals.
- If a farm animal chases you and your dog, it is safer to let your dog off the lead – don't risk getting hurt by trying to protect it.

*Adapted for this test from [www.countrysideaccess.gov.uk](http://www.countrysideaccess.gov.uk)*

**ANSWER GRID**

STATEMENTS	T	F	Examiner's use only
0. Plan your day out in advance.	X		✓
1. Learn about temporarily restricted areas before you set off.			
2. When in a group, make sure the last person closes gates properly.			
3. Contact the authorities if you see an animal is suffering or in danger.			
4. If you see a fire, call the emergency services as soon as possible.			
5. If you and your dog are being followed by a farm animal, keep your dog close to you.			

**TASK 4**

(...../8)

Here is a newspaper article about food and eating habits. Read the text carefully. For statements 1-8 choose the option (a, b or c) that best completes them. Mark (X) the correct option in the space provided, as in example 0. Only one option is correct.

Answers must be based exclusively on the information in the text.

**5 FOOD MISTAKES PARENTS MAKE**

HARRIET WOROBEY, a childhood nutrition instructor, knows firsthand that children can be picky eaters, but even she was surprised by a preschooler last year who ate a mostly chocolate diet.

While most parents haven't resorted to the chocolate diet, they can relate to the daily challenge of finding foods that children will eat. Although obesity dominates the national discussion on childhood health, many parents are also worried that their child's preferred diet of nuggets and noodles could lead to a nutritional deficit.

Fussiness about food is a normal part of a child's development. Young children are naturally neophobic — they have a distrust of the new. Even the most determined parents can be cowed by a child's resolve to eat nothing rather than try something new. As a result, parents often give in, deciding that a bowl of Cocoa Puffs or a Pop-Tart, while not ideal, must be better than no food at all.

"I think parents feel like it's their job to just make their children eat something," Ms. Worobey said. "But it's really their job to serve a variety of healthy foods and get their children exposed to foods."

**Sending children out of the kitchen** With hot stoves, boiling water and sharp knives at hand, it is understandable that parents don't want children in the kitchen when they're making dinner. But studies suggest that involving children in meal preparation is an important first step in getting them to try new foods.

**Pressuring them to take a bite** Demanding that a child eat at least one bite of everything seems reasonable, but it's likely to backfire.

Studies show that children react negatively when parents pressure them to eat foods, even if the pressure offers a reward. In one study at Pennsylvania State University, researchers asked children to eat vegetables and drink milk, offering them stickers and television time if they did. Later in the study, the children expressed dislike for the foods they had been rewarded for eating.

The better approach is to put the food on the table and encourage a child to try it. But don't complain if she refuses, and don't offer praise if she tastes it. Just ask her if she wants some more or take seconds yourself, but try to stay neutral.

**Dieting in front of your children** Kids are tuned into their parents' eating preferences and are far more likely to try foods if they see their mother or father eating them. A Rutgers study of parent and child food preferences found that preschoolers tended to like or reject the same fruits and vegetables their parents liked or didn't like. And other research has shown girls are more likely to be picky eaters if their mothers don't like vegetables.

Given this powerful effect, parents should be aware of how their dieting habits can influence a child's perceptions about food and healthy eating.

**Serving boring vegetables** Calorie-counting parents often serve plain steamed vegetables, so it's no wonder children are reluctant to eat them. Nutritionists say parents shouldn't be afraid to dress up the vegetables. Adding a little butter, ranch dressing, cheese sauce or brown sugar to a vegetable dish can significantly improve its kid appeal. And adding a little fat to vegetables helps unlock their fat-soluble nutrients. The few extra calories you're adding are a worthwhile tradeoff for the nutritional boost and the chance to introduce a child to a vegetable.

**Giving up too soon** Ms. Worobey said she has often heard parents say, "My kid would never eat that." While it may be true right now, she noted that eating preferences often change.

*Adapted for this test from The New York Times*

### ANSWER GRID

<b>0.</b>	Worobey was surprised when she learned about a kid who	Examiner's use only
<input type="checkbox"/> a)	detested everything containing chocolate	
<input type="checkbox"/> b)	liked chocolate extremely	
<input checked="" type="checkbox"/> c)	lived mostly on chocolate	✓

<b>1.</b>	It is difficult for most parents to	Examiner's use only
<input type="checkbox"/> a)	fight against child obesity	
<input type="checkbox"/> b)	find foods their children are willing to eat	
<input type="checkbox"/> c)	make sure their children eat properly	

<b>2.</b>	It is often normal for parents to	Examiner's use only
<input type="checkbox"/> a)	be scared when their kids taste something new	
<input type="checkbox"/> b)	give way to their children's desire for certain food	
<input type="checkbox"/> c)	think eating nothing is better than eating junk food	

<b>3.</b>	Worobey thinks parents	Examiner's use only
<input type="checkbox"/> a)	are obsessed with the quality of food their kids eat	
<input type="checkbox"/> b)	are responsible for offering their kids a varied diet	
<input type="checkbox"/> c)	feel obliged to make their kids eat healthily	
<b>4.</b>	Research shows that	Examiner's use only
<input type="checkbox"/> a)	children often like watching their parents prepare meals	
<input type="checkbox"/> b)	having children around in the kitchen might be dangerous	
<input type="checkbox"/> c)	parents should encourage their kids to help with the cooking	
<b>5.</b>	Studies suggest that	Examiner's use only
<input type="checkbox"/> a)	compensating can have negative effects in the long run	
<input type="checkbox"/> b)	forcing kids to eat sometimes becomes necessary	
<input type="checkbox"/> c)	rewarding children encourages them to eat new things	
<b>6.</b>	When your children are at the table,	Examiner's use only
<input type="checkbox"/> a)	compliment them if they eat the food	
<input type="checkbox"/> b)	naturally invite them to taste the food	
<input type="checkbox"/> c)	tell them off if they reject the food	
<b>7.</b>	As for their parents' eating habits, children	Examiner's use only
<input type="checkbox"/> a)	may have different likes and dislikes	
<input type="checkbox"/> b)	often reject their parents' preferences	
<input type="checkbox"/> c)	tend to imitate their parents' behaviour	
<b>8.</b>	Experts recommend	Examiner's use only
<input type="checkbox"/> a)	making vegetable dishes more attractive	
<input type="checkbox"/> b)	offering other nutrients apart from vegetables	
<input type="checkbox"/> c)	reducing the intake of fats in favour of vegetables	