



HOW GREEN ARE YOU?

1. Do you always turn out the lights after you leave a room?

- a) yes, always
- b) sometimes
- c) I don't pay much attention, someone will do it for me.

2) Do your parents have a hybrid car? Will you convince them to get one?

- a) yes, it's really important to save fuel and pollute less.
- b) It's not my business. It's their car.

3) To get to school or to a friend's house you:

- a) Bike or walk. It's a good way to wake up!
- b) Have your mom or dad drive you.
- c) Carpool with a group in your neighbourhood

4. How much of your home is lit by energy saving light bulbs?

- a) I have one.
- b) 50%.
- c) 75% or more

5. When you're at home and feel cold you:

- a) turn the heating up a few more degrees
- b) Put on a woolly jumper.
- c) Don't bother. That's how your body avoids the flu virus.

6. When it's really hot in summer you:

- a) You turn the air-conditioning full on and then put on a sweater.
- b) You open doors and windows to feel a cool breeze.
- c) Do nothing. Sweating is a good way of losing weight.

7. How much of your household waste do you recycle?

- a) I put all the waste into the same bin.
- b) I usually take plastic, paper and cans to the recycling collectors.
- c) I recycle everything I can and I also make my own compost.

8. Will you ever use washable nappies for your children ?

- a) No, never.
- b) I'll use them mostly but I'll use some disposable nappies in emergencies.
- c) I'll never use anything else.

9. How do you keep your house clean?

- a) I usually use bleach and Mr Muscle. They clean better than the rest.
- b) I use all environmentally- friendly products.
- c) White vinegar, baking soda ,water and a brush, like my grandma.

10. How much organic food do you eat?

- a) I buy the normal food at my supermarket.
- b) I buy lots of organic products from my supermarket.
- c) I grow all my own food.

11. What do you do with clothes and other items that you no longer need?

- a) Put them in the rubbish bin.
- b) Give them to family and friends, charity shops or sell them on eBay.
- c) As in B, but I also make cloths for cleaning with the clothes too old to give away

12. Where and how often do you buy clothes?

- a) I buy them from High street shops every month or so .
- b) I usually buy it at second hand shops or markets at the beginning of each season.
- c) I normally make my own designs recycling my and my family's clothes from the previous season. It's really original and cheap.

13. When you go shopping

- a) you always take your own shopping bag.
- b) you put your shopping in the plastic bags offered buy the shop.
- c) you only accept paper bags.

14. When you leave the computer, you:

- a) Leave the screen up and running, so it's ready when you come back.
- b) You put it off and unplug it so that it doesn't waste energy on standby.
- c) Put your computer in sleep mode.

15. When you print a task for school you print it:

- a) one-sided
- b) on both sides.

16. I always recycle paper by:

- a) Using one-sided printed paper for my notes.
- b) Using any scrap of paper to take notes.
- c) cutting up any piece of paper that can be reused (school paper, flyers, magazines) and making my own little notebooks.

17. When you go to the toilet you

- a) Flush it every time.
- b) You flush it but you've put a full plastic bottle in the cistern so it uses less water.
- c) you follow the rule: "if it's yellow, let it mellow, if it's brown flush it down"

18 . a) You always have showers

- b) you usually shower but sometimes take a relaxing bath.
- c) I usually take a bath but then I reuse the water to wash my car..

19. Your showers usually last:

- a) Five to 10 minutes — pretty standard.
- b) Three minutes. You time them and jump out!
- c) As long as you want. Showers are so relaxing!

20. When you shave or brush your teeth

- a) you never run the tap.
- b) usually run the tap because you just don't pay attention
- c) I fill a glass of water and only use that to rinse out.

21. Do you have a bucket outside to collect rainwater to reuse later?

- a) yes
- b) no

22. Have you ever joined an environmental group?

- a) no, never.
- b) I've never joined an environmental group but I agree with their actions.
- c) I support an environmental group in my neighbourhood and have participated in several protest actions.

