



I scrub the dishes for my parents to let me go out this weekend. Shhh, don't say anything!

Time to relax. While watching TV, I sometimes finish feel like sleeping a little 'siesta' (typical Spanish...)

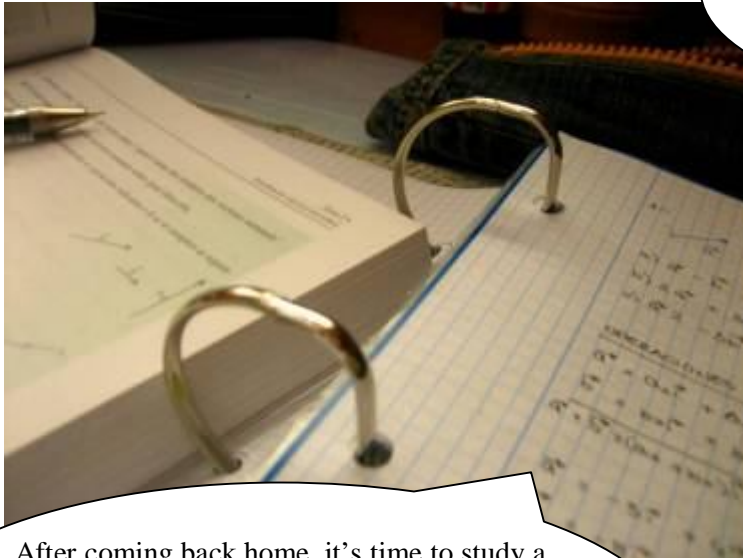


Usually, I go out with my friends in the afternoon. Sometimes, there're like 20 people! We don't do anything special. Just seat and tell stupid things.



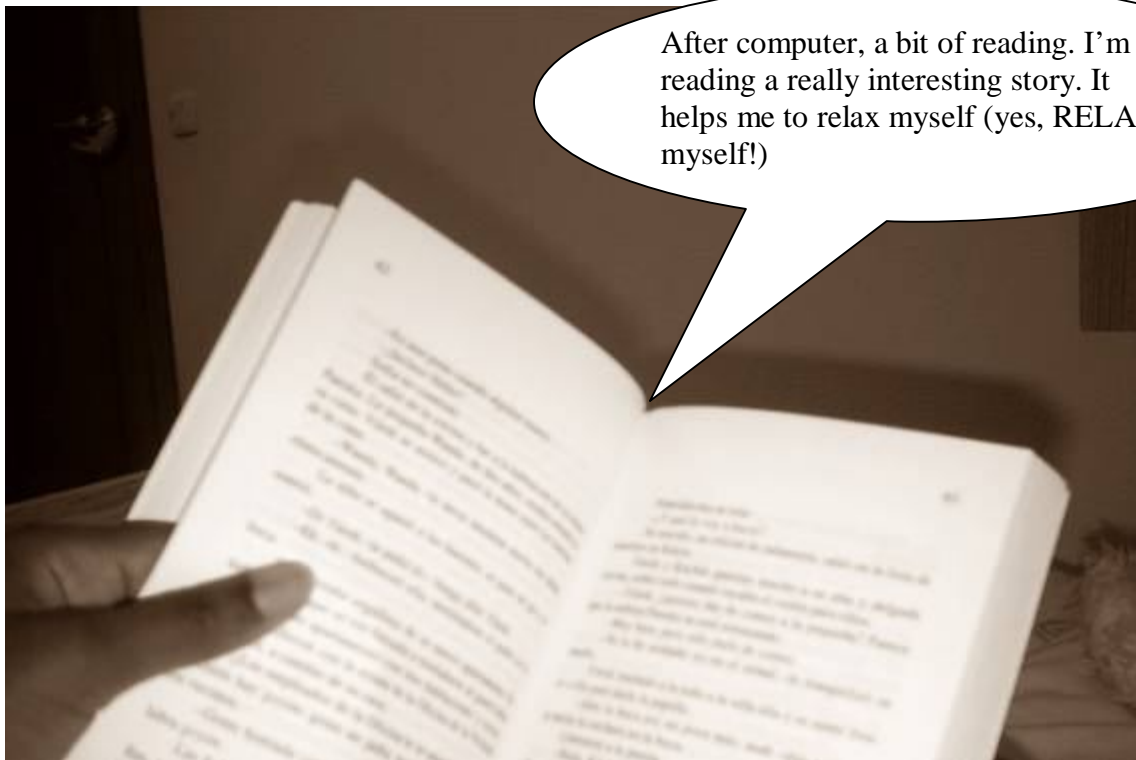
But later, there are less people, and sometimes, we have a walk by the seaside.





After coming back home, it's time to study a little bit, or doing homework. It's the worst thing, my gosh, I hate it! But... I try to be a good student (yes, I TRY, though sometimes laziness is stronger than me!) So, whenever I can, I do my homework.

Then, after homework, it's time to relax again. My life is a continuous relaxation, as you can see... I love using computers, so much, that sometimes I can't control myself! It's ADDICTIVE!



After computer, a bit of reading. I'm reading a really interesting story. It helps me to relax myself (yes, RELAX myself!)



Dinner time. It tastes really delicious, though it doesn't seem! You should try it someday, it won't disappoint you, I promise!

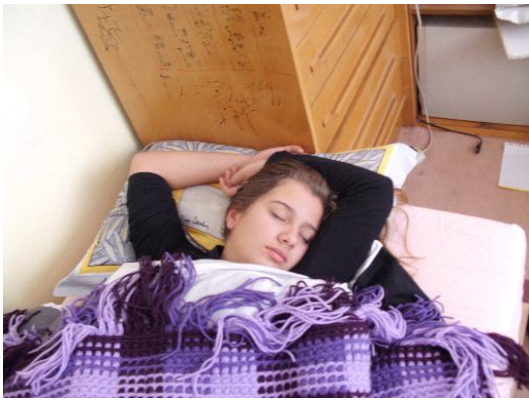


I have to prepare my school bag. Sometimes, it's really heavy, but...spinaches make me stronger! (like 'Popeye'! LOL!)

And finally, after having dinner, I have to go to bed. Normally, I'm really tired, so I fall asleep quickly. And... that's it! That's a normal day in a student's life. Not so interesting, isn't it? Haha.



One day in the life of a Turkish student



I get up at seven o'clock.



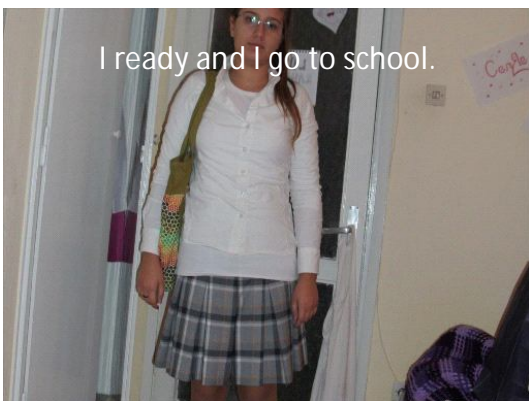
I wash my face.



I wear my school uniform.



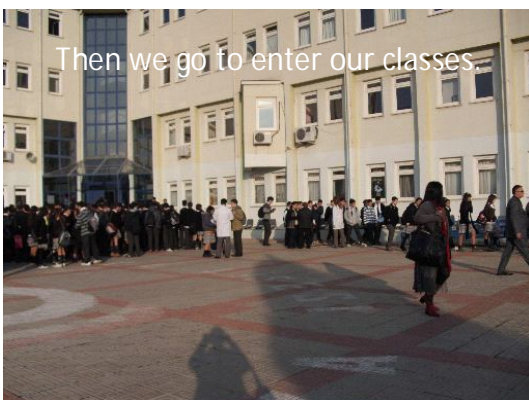
I ready and I go to school.



Every Monday morning and Friday evening we sing our national anthem.



Then we go to enter our classes.



We have 7 lessons everyday.





Education and Culture
Lifelong learning programme
COMENIUS

Visit to Bulgaria

From 18th to 23^d of November, 2008, 120 G. S Rakovsky School in Sofia hosted the first meeting of the countries, participating in the project. The main activities were governed by the motto of the meeting, "My city – my region", aiming at introducing the guest members to the cultural, historical and natural places of interest of Bulgaria's capital city, Sofia. The host school organized a tour round the city with visits to the Alexander Nevsky Cathedral, St. George's Church, the Mosque, the Synagogue, and the National Theatre Ivan Vazov.

There was organized a special evening, dedicated to the Bulgarian traditions and cuisine, which took place on the school premises. The hosts had cooked typical Bulgarian specialties. The meal was enhanced by listening to Bulgarian folk music and dancing Bulgarian folk dances, immensely enjoyed by both guests and hosts. The Bulgarians invited their guests from Germany, Poland and Italy to a traditional Bulgarian dinner with their families.

The foreign participants had the chance to attend the School Festival of the Friends of Nature. The students of G. S. Rakovsky School have always enjoyed this special occasion, preparing for it with a lot of energy and enthusiasm. The opening ceremony was honoured by some very special guests, among which was the Minister of Environment and Water, the Mayor of Lozenez Region of Sofia, the Head of Sofia's Education Inspectorate, and representatives of the Bulgarian Ministry of Education, Youth and Sciences. The students were divided into groups and sent to different workshops, where they had to work with natural materials, watch films about nature and environment. Divided in 5 groups the students from Germany, Poland, Italy and Bulgaria worked out together miniature paper models of famous Bulgarian historical and cultural monuments. They made models of the Baba Vida Tower in Vidin, The Mediaeval Tower in Kula, Orpheus' Shrine in Tatul, the Ethnological Complex in Zlatograd, the Patriarch's Residence in Tsarevets, Veliko Turnovo, etc. Working on the models turned out to be something very enjoyable and creative and after they were ready, the children put them on display, took pictures of them and they were later included in the school exhibition.

Part of the program of the visiting students was an excursion to Plovdiv. They were taken for a walk round The City of the Seven Hills, which included a visit to the Old Part of the town, which has been proclaimed an archaeological heritage site. The guests also paid a visit to the Historical Museum, the Ethnographical Museum, the antique amphitheatre, and some other cultural sights. They were enchanted by the romantic atmosphere of the cobbled streets, the beautiful complex of old houses, reminiscent of the once picturesque and colorful lifestyle of the residents of Plovdiv.

The trip to the National Park Vitosha was also very exciting. A day surrounded by the unique beauty and the spell of the mountain was a genuine pleasure for both teachers and students. The group visited the amazing natural phenomenon The Golden Bridges (The Stone River –

huge boulders running down the mountain side), the National Historical Museum, The Boyana Church and the Dragalevtsi Monastery – all of them unique national heritage sites.

At a special workshop within the program of this first international meeting the teams made presentations of their schools and towns. They were presented electronically and on paper and later put in special places in all the schools.

VISIT TO GERMANY

main topic: regional food

participating countries	number of teachers	Number of students	date of arrival	date of departure
Italy	2	4	May 12, 2009	May 19, 2009
Poland	3	5	May 12, 2009	May 19, 2009
Bulgaria	3	13	May 13, 2009	May 18, 2009
Spain	2	4	May 13, 2009	May 20, 2009
Turkey	4	11	May 13, 2009	May 20, 2009

May 13, 2009:

After the official welcome ceremony, the groups of Italy and Poland took part in an excursion to Stuttgart-Zuffenhausen. They visited the new Porsche museum in order to get some information about the industrial region of Stuttgart. The car industry is one of the most important employers and provides work for thousands of people around Stuttgart. The group was given explanations by audio-guides. The history of the cars was connected to regional historical events. After a first impression of the industrial area around Stuttgart the guests moved on to Stuttgart where they could get an impression of the historical centre of the city, the shopping malls and the infrastructure. Of course the participants also had an opportunity of trying typical Swabian food of the region.

On the same day the groups from Bulgaria, Spain and Turkey arrived.

May 14, 2009:

All participating students and teachers met at school. German students prepared quizzes and games for foreign students. After the welcome of the new guests students and teachers of all nations went to Ludwigsburg and visited the famous castle. An English speaking guide gave information on the local history of the city and the castle. In the afternoon the group visited the Löwentormuseum – a museum which provides information on ancient animals and plants of the Jurassic period.

May 15, 2009:

The day started with quizzes and games of regional history and geography for students. Afterwards students and teachers of all nations took part in English lessons. Students and teachers exchanged ideas about teaching methods and curricula. Students had the opportunity of interviewing their foreign guests. They got information on family life, national curricula, lessons,... In the afternoon there was a presentation of each participating country. Parents, students, teachers and the mayor

of the community were invited to listen to the students' presentations. All presentations were about the history and geography of each country. In addition the countries presented local recipes and explained how to prepare typical regional food.

In the afternoon the international guests were welcomed by the Roland Zeller, the mayor of the community of Tamm. Students, teachers and parents were invited to join a common welcome party. The parents of the German students also prepared cakes and coffee.

In the evening all participating countries were invited to a school musical which was performed by more than 200 German students. It was called "The green Witch of Oz". Every foreign visitor was given an English translation of the musical. The music was performed by a band of ancient students of the school. Also there was a choir and numerous students involved in the performance as actors.

May 16, 2009

Students stayed with their hosts and got to know the German families. They visited regional attractions and met for a common barbecue with parents and other students. Teachers were offered different sightseeing programmes by German colleagues. There was a city tour in Bietigheim, a visit to the zoo Wilhelma, a visit to Stuttgart and a trip to the Black Forest.

In the evening there was a common dinner with all colleagues. Typical Swabian food was offered and the teachers had the possibility to exchange ideas about the project work.

May 17, 2009:

Students spent the day with the families. They visited sights in the surrounding and joined other groups of teens to have common activities.

The teachers went on a trip to Gundelsheim. In the morning there was a lesson on chocolate production where teachers also had the possibility to try different kinds of chocolate produced in the region. After a boat trip on the river Neckar the group visited the medieval town of Bad Wimpfen. There was a guided tour through the town explaining important historical facts.

May 18, 2009

(departure of Bulgaria)

This was the day of school activities. Students and teachers met in the school kitchen. The countries had already prepared regional recipes in English language which they brought to the meeting. Every participating student took part in an international cooking activity in national or mixed groups. Before starting all ingredients were bought in a German supermarket. Then each team started cooking – teachers and students worked together. The international teams decorated and presented their meals on a big table. Afterwards teachers, students and the mayor were invited to taste food of each participating country. The students and teachers enjoyed this international activity very much and were surprised about the excellent quality of all meals.

The evaluation of the different meals was quite difficult as all the meals were very delicious. Therefore the students and teachers decided that every nation was a winning team. In the afternoon some students presented local dances and music.

In the evening the teachers met in a colleague's house to have dinner, to communicate and to sing and enjoy songs of different countries.

May 19, 2009

(departure of Italy and Poland)

The Spanish and the Turkish delegations visited the Mercedes-Benz museum in order to get informed about the invention and the development of the automobile. The exposed cars were also linked to historical events of Germany and the world. Every visitor had an audio guide to get information in different languages.

In the afternoon the group visited Stuttgart, the capital of Baden-Württemberg.

After a sightseeing tour through the city of Stuttgart the groups returned to school.

In the evening everyone got prepared for the departure.

After the meeting several articles were written by students and teachers and published in the local news and on the homepage of our school. The feedback of the participating teachers, students and parents and official guests was very positive. After the meeting many students intensified their contacts to foreign friends.

VISIT TO SICILY

October 1st – 6th

Participants:

Country	Students	Teachers
Bulgaria	3	3
Germany	4	3
Poland	5	3
Spain	6	2
Turkey	9	6

Thursday 1st:

Arrival of participants.

Friday 2nd:

Morning: at the Scuola Primaria, guests were welcomed by the headmaster, teachers and host families and friends.

A group of students performed some traditional folk dances in traditional Sicilian costumes. Later guests were welcomed by the Mayor of Racalmuto at Chiaramonte Castle. After exchanging gifts, a snack was offered with typical Sicilian biscuits and sweets. Children went to families for the midday meal.

In the afternoon at the Scuola Secondaria P. D'Asaro we had project work. All participant partners gave a presentation of the different national school systems, with a focus on similarities and differences.

In the evening parents offered a big meal with typical Sicilian foods and fruit.

Saturday 3rd:

Visit to Villa Romana del Casale in Piazza Armerina with its wonderful mosaics which date back to the 4th century AD. In the afternoon we visited Taormina, a famous touristic town and its Greek Theatre.

Sunday 4th:

Students spent the day with host friends and families.

They visited the town and Italian students made all the explanations and descriptions.

Then they went to the shopping centre.

Most of them had a big party together, they had a great time and spoke English all the time.

Teachers had a different programme. They visited some interesting places in the province of Trapani: Marsala, famous for its delicious wine called Marsala; Mozia, which is a small island in the lagoon in front of Marsala. It was a prosperous Phoenician colony founded in the 7th century BC, it is unique because of its archeological remainings pertaining to the Phoenician-Punic civilization.

In the afternoon we went to Erice, a small town at around 750 mt above sea level, from it you can enjoy a breathtaking view of a wonderful landscape.

Monday 5th:

Visit to Agrigento's Valley of Greek Temples in the morning. In the afternoon free time at the swimming pool or at the beach.

In all the tours we had English speaking guides.

Students and teachers said that the visit to Sicily was like reading a book of History because all the places we visited witness the richness of Sicilian History and Culture.

Children had the opportunity to get to know each other better and practise and improve their language skills in English. At the same time they had a chance to meet different cultures and compare them with their own culture.

Tuesday 6th:

Departure of participants.

VISIT TO TURKEY

main topic: music

participating countries	number of teachers	Number of students	date of arrival	date of departure
Italy	3	3	30th April	6th May
Poland	2	4	30th April	6th May
Bulgaria	5	4	1st May	6th May
Spain	2	3	30th April	6th May
Germany	3	8	30th April	7th May

30th April-Friday(the day of arrival)

The arrivals of Germany, Poland, Spain and Italy. The students and teachers were welcomed and the students were taken to the parents and the teachers were taken to the hotel

1st May-Saturday (the first day)

The trip to Ephesus was made with the students, their hosts and the teachers. After the visit to Ephesus and St. Mary's Tomb they all had lunch in a restaurant. The students turned back to Izmir but the teachers stayed to walk around Kuşadası and they had dinner in Kuşadası. After the visit to Kuşadası The visitors from Bulgaria were welcomed after the midnight.

2nd May-Sunday (the second day)

The trip to Didyma was planned. All the teachers were taken to Didyma. After visiting Miletus, Priene they had lunch in a restaurant takes place in a big garden. It is very famous with delicious Turkish cuisine.

3rd May-Monday (the third day)

The project meeting was done at the school hall in the morning. Schools performed their music activities, dances in folk costumes with the slide shows back of the stage.

After this they had lunch which was prepared by the parent-teacher association at school. Then the students and teachers went to Kemeraltı wellknown historical market place.

4th May-Tuesday (the fourth day)

Early in the morning the teachers went to the old town which is very famous with the open bazaar. The small ethnographic museum was visited. It helped us to get information about the cultural changes of the town since the Ottoman time.

The organic plants grown by peasants were tasted. It was the best place to see the handmade clothes and laces. Then we ate Turkish traditional meals in an open air restaurant. Back from Tire, a rehearsal was performed by our students and the show by two Dervishes. (it is called as Sema show) The classical Turkish music and folk music was performed. After the performance the grill party was given in our backyard.

5th May-Wednesday (the fifth day)

The trip to Pergamon, visiting some famous historical places (Zeus Altar, Apollon Temple and Asklepion). After lunch, Ayvalık (a small town by the sea) was visited.

The guests had free time to do a shopping visit to Cunda Island near Ayvalık. Having traditional Turkish coffee in old historical cafe' Taş Kahve' by the sea.

6th May (the sixth day)

This was the day of departure of the guests except the Germans. German teachers and students had free time with the Turkish students and teachers in the city centre. In the evening the Turkish Music teacher gave a party in her house full of music.

7th May (the seventh day)

The departure of the Germans

During the days the students had perfect friendship and they promised to keep in touch.

After a week we took place in a fair for three days. During those days we presented the activities we had during the Comenius visits.





COMENIUS 2008 – 2010
THANKS TO ALL PARTICIPANTS
AND SUPPORTERS.