

# 1

# Unit 1

## Vocabulary

### • Jobs & places of work

Match the jobs (1-5) to the places of work (A-E).

- |   |                          |                     |   |            |
|---|--------------------------|---------------------|---|------------|
| 1 | <input type="checkbox"/> | waiter              | A | pool       |
| 2 | <input type="checkbox"/> | nurse               | B | office     |
| 3 | <input type="checkbox"/> | swimming instructor | C | outdoors   |
| 4 | <input type="checkbox"/> | tour guide          | D | restaurant |
| 5 | <input type="checkbox"/> | accountant          | E | hospital   |

### • Character adjectives

Underline the correct item.

- |  |  |
|--|--|
| <p>1 Karen has very good manners; she is <b>patient/polite</b>.</p> <p>2 Damien is quite <b>sociable/creative</b>; he doesn't like talking to people.</p> <p>3 Natasha doesn't like to wait. She's very <b>impatient/unfriendly</b>.</p> | <p>4 Malcolm is too <b>lazy/impatient</b> to tidy his room; it's always a mess.</p> <p>5 Mike is always telling us what to do. He's <b>bossy/sociable</b>.</p> <p>6 Erin always does what she says; she's a very <b>reliable/careful</b> friend.</p> |
|--|--|

### • Free-time activities

Complete the table.

- swimming • a concert • out with friends • chores • basketball • the guitar • jogging • tennis
- a sleepover • the theatre • aerobics • puzzles

do ...	play ...	go ...	go to ...

## Grammar

### • Present simple

Put the verbs in brackets into the *present simple*.

- |   |   |
|---|---|
| <p>1 .....<br/>(you/enjoy) going shopping at the weekends?</p> <p>2 Sue .....<br/>(go) to her ice-skating lesson at 7pm every Tuesday.</p> <p>3 I .....<br/>(watch) TV in the evenings.</p> | <p>4 The children .....<br/>(not/live) near school.</p> <p>5 Dave .....<br/>(not/like) playing computer games.</p> <p>6 .....<br/>(Jeff/get up) early on Saturdays?</p> |
|---|---|

# 1

## Unit 1

### • Present continuous

Form questions and answer them using the *present continuous*.

1 Mum/watch TV/at the moment? – send an email

.....  
.....  
.....

2 Pete/do homework/now? - have a shower

.....  
.....  
.....

3 Joe and Andy/play football/right now? - tennis

.....  
.....  
.....

4 Yvonne/go to the cinema/tonight? - go to a concert

.....  
.....  
.....

5 Neil and Jennifer/do their chores? – surf the Net

.....  
.....  
.....

6 Gillian/tidy her room? - eat dinner

.....  
.....  
.....

### • Present simple vs present continuous

Put the verbs in brackets into the *present simple* or the *present continuous*.

1 What time .....  
(you/fly) tomorrow?

2 Carrie .....  
(study) in the library at the moment.

3 This homework is really difficult. I .....  
..... (need) help to finish it.

4 What .....  
(David/look) for?

5 I .....  
(play) tennis every evening.

6 Dad .....  
(not/drive) to work in the morning; he  
..... (walk) instead.

7 Today, we .....  
(meet) our new teacher at school.

8 My brother .....  
(watch) football on TV every Sunday.



**Vocabulary****• Holidays**

**Fill in:** *train, beach, hostel, hotel, cottage, camping, boat trip.*

- |   |  |
|---|--|
| <p>1 Let's stay in a ..... It's very cheap, but we have to share a room with other travellers.</p> <p>2 They went ..... by the lake.</p> <p>3 We travelled by ..... from Paris to London.</p> <p>4 They went to the ..... for swimming yesterday.</p> | <p>5 I really want to go on a ..... around the islands.</p> <p>6 Karen always stays in a luxury ..... when she travels.</p> <p>7 They rented a little ..... by the sea for the summer.</p> |
|---|--|

**• Holiday Problems**

**Fill in:** *miss, lost, contact, booked, stuck, rent, travel, delayed, cancelled.*

- |   |  |
|---|--|
| <p>1 A: I ..... our plane tickets with the travel agent this morning.<br/>B: Great! I can't wait to leave!</p> <p>2 A: My train was ..... so I had to take a bus instead.<br/>B: That's too bad. My flight was ..... for two hours because of bad weather.</p> <p>3 A: Let's ..... a car and drive to Scotland.<br/>B: Can't we ..... by train instead?</p> | <p>4 A: How did Tim ..... his flight?<br/>B: He got ..... in traffic on the way to the airport.</p> <p>5 A: I ..... my wallet when I was in Paris.<br/>B: That's terrible! Did you ..... the police?</p> |
|---|--|

**Underline the correct item.**

- |  |   |
|--|---|
| <p>1 We didn't like the hostel because the rooms were <b>polluted/dirty</b>.</p> <p>2 Going on a lot of business trips and working hard can be very <b>tiring/relaxing</b>.</p> <p>3 Jenny didn't enjoy her time at the resort because it was full of <b>noisy/crowded</b> people.</p> | <p>4 When there is <b>heavy/long</b> traffic, it takes two hours to get to the airport.</p> <p>5 The hotel was very <b>expensive/awful</b>, but it was worth the money.</p> |
|--|---|

# 2

# Unit 2

## Grammar

### • Past simple

Put the verbs in brackets in the *past simple* and answer the questions.

1 ..... (you/go) to Rome last week? (Paris)

.....  
.....

2 ..... (Jane/visit) the Louvre yesterday? (Eiffel Tower)

.....  
.....

3 ..... (you/buy) any souvenirs when you were there? (some clothes)

.....  
.....

4 ..... (they/stay) in an expensive hotel in London? (with friends)

.....  
.....

5 ..... (he/try) traditional Thai food? (local seafood)

.....  
.....

6 ..... (you/come) to the island by boat? (plane)

.....  
.....

### • Order of adjectives

Put the *adjectives* in brackets in the correct order.

1 He gave his mother .....  
..... (silver/beautiful/antique)  
earrings for her birthday.

2 We tried some .....  
..... (tasty/Greek/green)  
olives on the island.

3 We bought a(n) .....  
..... (wooden/useful/square)  
table at the market.

4 Is that their .....  
..... (round/blue/new) tent?

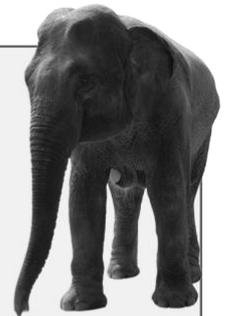
5 We stayed in room in a(n) .....  
..... (little/awful/old) hotel.

**Reading**

**15 Read the text complete the sentences.**



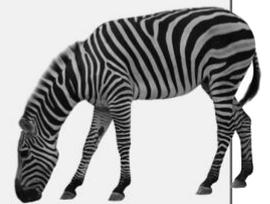
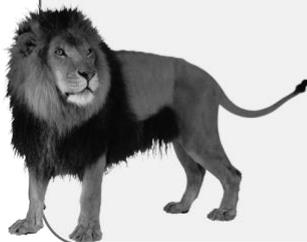
# Safari



Last winter I went on a safari holiday with my family. It was an amazing experience. We stayed in some cabins in the Chobe National Park, in Botswana. The staff picked us up from the airport, and took us to the cabins in a jeep. It was a slow and bumpy journey, but it was worth it. The cabins were in a wonderful location by a huge river where all the animals went to drink. There were places to sit and look out over the river and watch the animals. It was like nowhere else in the world.

Every day was full of adventure. We got up early and went on safaris and saw elephants and giraffes and even lions, and learned all about them from our knowledgeable guides. We also went on boat tours on the river in the evening and saw even more animals, not to mention beautiful sunsets. Some days we spent time sitting outside the cabins, watching the animals living their lives right in front of us.

But the thing that impressed me the most was dinner time. We ate tasty traditional dishes every night. Sometimes we even ate outside and watched the animals. There were some bugs and mosquitoes so it was a little bit uncomfortable but it was worth it to be close to nature!



- 1 The writer and his family went to a .....
- 2 The write describes the trip to the park as a(n) .....
- 3 Guides taught them about .....
- 4 They saw sunsets when they went .....
- 5 They could watch animals while they .....
- 6 The writer was sometimes annoyed by .....

## Vocabulary

### • Weather

Match the columns to form phrases.

- |   |          |   |        |
|---|----------|---|--------|
| 1 | strong   | A | hot    |
| 2 | dark     | B | winds  |
| 3 | boiling  | C | clouds |
| 4 | cool     | D | cold   |
| 5 | freezing | E | breeze |

### • Feelings

Complete the sentences with the correct feeling below.

- relieved • excited • scared • angry • worried • sad

- |   |  |
|---|--|
| <p>1 I'm so ..... I can't wait to go to the concert.</p> <p>2 Jim was ..... with Max and didn't talk to him for days.</p> <p>3 Karen is crying. She's very ..... about what happened.</p> | <p>4 We felt so ..... to be alive after the terrible flood.</p> <p>5 I felt ..... as I was alone in my house during the storm.</p> <p>6 He was ..... about finishing his homework on time.</p> |
|---|--|

### • General Revision

Fill in: *pierce, destroy, come, hang, reflect, float.*

- |  |   |
|--|---|
| <p>1 Did the sun ..... out after it finished raining?</p> <p>2 Clouds are made up of droplets of water that are so small they can ..... along in the air.</p> <p>3 I think it's beautiful when the sun's rays ..... through the clouds after it rains.</p> | <p>4 Clouds get their white colour because they ..... the light of the sun back into the sky.</p> <p>5 A drought can ..... crops because they need water to survive.</p> <p>6 The clouds usually ..... low in the sky when there is a storm coming.</p> |
|--|---|

## Grammar

### • Past continuous

What were Lauren and her family doing last Sunday afternoon? Look at the pictures and use the prompts to ask and answer questions.



1 Lauren/talk/on the phone?  
 .....  
 .....

# 3

# Unit 3



2 Lauren's brother/read/a book? **(play/guitar)**  
 .....  
 .....



3 Lauren's sister/watch/TV? **(ride/bike)**  
 .....  
 .....

4 Lauren's parents/cook/dinner? **(garden)**  
 .....  
 .....



5 Lauren's grandparents/shop?  
 .....  
 .....

• **Past simple vs Past continuous**

**Put the verbs in brackets into the *past simple* or the *past continuous*.**

It was a cold day in October. A strong wind 1) ..... **(blow)** and rain 2) ..... **(fall)** heavily. It was 3 o'clock and I 3) ..... **(wait)** for my mum to pick me up from school. After a few minutes, I saw my mum's car down the street. She 4) ..... **(drive)** down the street when suddenly a tree 5) ..... **(fall)** on the road in front of her car! She 6) ..... **(stop)** very quickly and the car behind her 7) ..... **(crash)** into her car. I 8) ..... **(run)** to her car and 9) ..... **(open)** the door. Luckily, my mum wasn't hurt. The man in the other car was also okay. I 10) ..... **(feel)** so relieved!

• **while/when**

**Join the sentences using *when* or *while*.**

- 1 I was reading a book last night. The phone rang.  
 .....
- 2 I was waiting for the bus. It started to rain.  
 .....
- 3 We were watching TV. We saw the report about the flooding.

- 4 Susan was watching the news. Jim was reading a book.  
 .....
- 5 Snow was falling. We were skiing in the mountains.  
 .....

- **Adverbs of manner**

Complete the sentences with *adverbs* formed from the *adjectives* in brackets.

- |   |   |
|---|---|
| <p>1 It was raining ..... by the time we arrived at our destination. (<b>heavy</b>)</p> <p>2 You can ski very ..... on this beautiful new snow. (<b>good</b>)</p> <p>3 The children were playing ..... on the beach in the sunshine. (<b>happy</b>)</p> | <p>4 He was going to an informal event so he dressed ..... in jeans and a T-shirt. (<b>casual</b>)</p> <p>5 The water was rising ..... and started flooding the area. (<b>fast</b>)</p> <p>6 The rain was coming down so ..... it was bouncing off the windows. (<b>hard</b>)</p> |
|---|---|

## Reading

13 Read the text and for questions 1-4 choose the best answer (A, B or C).



# Animal Rain



History books are full of tales of strange things happening with the weather, but none may be stranger than 'animal rain'. Stories of raining frogs and fish might sound like something from a fairytale, but from as far back as the first century there are reports of it actually happening.

Scientists believe this unusual weather occurs when storms cause waterspouts\* to form over areas of water such as the sea, lakes or even small ponds. The air current picks up the small marine life and carries it in the clouds. These big clouds can travel long distances before releasing the animals all at once in the 'animal rain'.

There are reports of this happening all over the world but in the small Honduran town of Yoro it appears to be a regular occurrence. For the last 100 years every May to July, after massive rain storms the people go out into the fields with wooden baskets to collect the fish that fall from the skies. They even have an annual festival, which started in 1998, called *Lluvia de Peces* to celebrate this 'Rain of Fish'.

\* tornadoes over water

- |   |   |
|---|---|
| <p>1 Animal rain</p> <p>A is a new weather event.</p> <p>B has got a long history.</p> <p>C comes from a fairytale.</p> | <p>2 Scientists believe the waterspouts</p> <p>A only form over salt water.</p> <p>B don't form over big bodies of water.</p> <p>C can form over any type of water.</p> |
|---|---|



# 4

## Unit 4

### Vocabulary

#### • Sports & Equipment

Complete the notices (A-F) with the words from the list below.

- trainers • parachute • board • goggles • paddle • swimming cap • vest • belt

A Please pick up your life 1) ..... and 2) ..... for your canoe from the sign- in desk near the front of the lake.

B All players before entering the pool must be wearing a 3) ..... on their head .

C All runners must wear proper 4) ..... when running on the track.

D All students should wear a uniform and a 5) ..... around their waist to every class.

E Make sure to wash your sail and 6) ..... after getting out of the water.

F Please check your 7) ..... and make sure you are wearing 8) ..... on your eyes before boarding the plane.

### Underline the correct adjective.

- 1 Hang gliding is a **thrilling/safe** sport.
- 2 Jogging 5 km can be **expensive/tiring**.
- 3 Rock climbing could be **boring/dangerous** if you don't know what you are doing.
- 4 Archery is a very **physical/challenging** sport that takes a lot of practice.
- 5 Cycling in the park on a sunny day is quite **relaxing/difficult**.

#### • Sports Verbs

Fill in: *kick, pass, score, practise, beat, warm up, win, exercise.*

- 1 It's important to ..... properly before you do any sport to avoid injury.
- 2 In order to ..... the tournament you have to ..... all the other teams.
- 3 Swimming is a great way to ..... your whole body.

- 4 The team managed to ..... six goals in their last match.
- 5 In football, you ..... the ball with the side of your foot to ..... it to another player.
- 6 I'm quite good at baseball but I need to ..... my pitch.

# 4

## Unit 4

### Grammar

#### • Modals

Complete the second sentence with the correct *modal verb*.

- |   |   |
|---|---|
| <p>1 You <b>aren't allowed to</b> use the gym today.<br/>You ..... use the gym today.</p> <p>2 I <b>advise you to</b> wear comfortable clothes in the gym.<br/>You ..... wear comfortable clothes in the gym.</p> <p>3 It <b>isn't necessary for</b> you to book time on the machines.<br/>You ..... book time on the machines.</p> | <p>4 You <b>are obliged to</b> bring your membership card with you.<br/>You ..... bring your membership card with you.</p> <p>5 It's <b>possible</b> the gym could be busy at times.<br/>The gym ..... be busy at times.</p> <p>6 It is <b>forbidden to</b> eat in the gym.<br/>You ..... eat in the gym.</p> |
|---|---|

#### • infinitive/-ing

Underline the correct item.

- |   |   |
|---|---|
| <p>1 You <b>can/must</b> use my tennis racquet if you like.</p> <p>2 You <b>might/ought to</b> try yoga; it lowers stress.</p> <p>3 You <b>mustn't/ don't have to</b> bring a tennis racket. I have an extra one.</p> <p>4 <b>Can/Could</b> I help you with your equipment?</p> <p>5 You <b>don't have to/shouldn't</b> take classes to learn how to skate.</p> | <p>6 You <b>must/ can't</b> register to compete in the tournament.</p> <p>7 You <b>need to/ can't</b> check all your safety equipment before going rock climbing.</p> <p>8 You <b>must/might</b> see Jane at the gym. She goes often.</p> |
|---|---|

## Reading

Read the texts and answer the questions (1-3).

A Rules for Safe Cycling:

- You must wear a helmet that fits.
- You mustn't wear loose clothing or headphones.
- You should wear light clothing so that drivers can see you.
- You must use hand signals on the road.
- You should always check the tyres, chain and brakes on your bicycle before cycling.



B

## Summer Sports Camp



C

Home Contact About **News**

 **Munroe School Sports News**

*Sports news*

With the help of our new coach, Mr Hill, the football team is off to a fantastic start this year. Yesterday, they won the first match of the year against Martindale High. The captain of the team, Andrew Reading, scored two goals in the first half. Unfortunately, he fell hard in the second half and had to sit on the sidelines as his team scored the third and final goal winning the game 3-0. ....



- ◆ **Where:** Woodbury School
- ◆ **Dates:** 6th to 10th July, 9 am to 3 pm daily
- ◆ **Please note:** Ages 8-16. The cost is £5 per day and includes lunch.

Call 01253 884544 to sign up!



## Vocabulary

### • Food preparation

**Fill in:** *pour, sprinkle, drain, season, stir, slice, beat, grate.*

- 1 Can you ..... the water from the pasta please?
- 2 This sauce isn't tasty, you need to ..... it with some spices.
- 3 Don't forget to ..... the soup occasionally so it doesn't burn.
- 4 The recipe says to ..... a cup of cream over the potatoes.
- 5 Make sure you ..... the eggs well before adding them to the flour.
- 6 The salad needs tomatoes. Can you ..... two or three?
- 7 I'll ..... more cheese to put on top of the pizza.
- 8 Take a pinch of curry spice and ..... it over the meat.

### • Food packaging

**Match the food to its packaging.**

- |   |                          |           |   |        |
|---|--------------------------|-----------|---|--------|
| 1 | <input type="checkbox"/> | milk      | A | bottle |
| 2 | <input type="checkbox"/> | spaghetti | B | packet |
| 3 | <input type="checkbox"/> | jam       | C | can    |
| 4 | <input type="checkbox"/> | oil       | D | carton |
| 5 | <input type="checkbox"/> | cola      | E | jar    |

### • General Revision

**Fill in:** *handful, easy, relieve, variety, sweet, spicy, reach, grill, fry, ingredients.*

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**How about a healthy snack?**

The next time you are feeling hungry and **1)** ..... for a bag of crisps, stop and think: nuts!! Nuts are **2)** ..... to eat making them the perfect snack. There is a **3)** ..... of nuts to choose from with lots of health benefits. For example, pecans help in digestion and **4)** ..... inflammation of the stomach. You can eat them plain or **5)** ..... them in the oven with curry or garlic powder for a **6)** ..... taste. For those who want a **7)** ..... snack instead of chocolate try nuts. You only need three **8)** ..... : your favourite nuts, honey and olive oil. **9)** ..... the nuts in the oil and add honey. So make snack time healthy and grab a **10)** ..... of your favourite nuts!

**Grammar**

- **countable/uncountable nouns**

Fill in *a, an* or *some*.

**A:** What do we need for this recipe?

**B:** We need **1)** ..... flour, **2)** ..... milk, **3)** ..... sugar and **4)** ..... egg. Oh, and we need **5)** ..... olive oil as well.

**A:** Great! We've got all those ingredients so all we need now is **6)** ..... bowl and **7)** ..... frying pan and we can make **8)** ..... pancakes.

- **infinitive/-ing**

**Underline the correct item.**

- |  |  |
|--|--|
| <p>1 My brother loves <b>watch/watching</b> different sports on TV.</p> <p>2 I might <b>go/to go</b> jogging this afternoon.</p> <p>3 I'd like <b>to play/playing</b> basketball tonight?</p> <p>4 You must <b>to rest/rest</b> properly after exercising.</p> <p>5 I want <b>buy/to buy</b> new trainers for the gym.</p> | <p>6 I often go <b>to swim/swimming</b> after I finish work.</p> <p>7 Jim enjoys <b>to listen/listening</b> to classical music.</p> <p>8 I don't mind <b>waiting/to wait</b> for you after the game.</p> |
|--|--|

**Reading**

**10 Read the text and decide if the statements (1-5) are T (true), F (false) or DS (doesn't say).**

## Are You Ready for a Food Experience?



When most people go to a restaurant, they go first of all to enjoy some tasty dishes. Of course, the good company of family and friends and a pleasant atmosphere also play an important role. The latest trend in dining out is to combine all of the above as well as something rather special depending on the customer's interest. These restaurants go beyond theme restaurants to provide a truly unique experience.

For example, those interested in music and the stage, an entire opera house can be theirs for an evening. Privately dine on stage at the Hungarian State Opera while enjoying mini opera concerts and live music. For nature lovers, dining among the treetops of a tropical rainforest is just one of many experiences available. In Thailand, dinner guests can dine in swinging tables high above the forest floor while waiters serve them flying from tree to tree via zip-lines.\*

Have a passion for the stars? In Costa Rica, diners can enjoy a mix of astronomy and fine dining outdoors. Between courses, customers can star gaze with powerful telescopes and learn amazing facts about the universe. Food experiences such as these give their customers a chance to experience something unusual while dining. More food experiences are popping up around the world offering a range of things to do and see. Customers leave these restaurants not only with a full stomach but a memory of a lifetime!

# 5

# Unit 5

- 1 For most people, atmosphere is most important when dining out. ....
- 2 The opera house has very few tables available. ....
- 3 In the restaurant in Thailand, waiters must climb trees to get to tables. ....
- 4 In Costa Rica, customers dine outside an astronomical observatory. ....
- 5 Food experience restaurants are increasing in numbers. ....

## Writing

**Read the rubric, then write your email.**

You have just received an **email** from your English pen friend who is planning a visit to your city and wants to know about a good place to eat. Write an email in reply telling him/her about a good restaurant (60-100 words). In your email:

- describe the restaurant's staff, atmosphere and prices
- say what the dishes are like there
- recommend the restaurant and invite your friend to eat there with you while he/she is visiting

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