



MAY MENU 2017



Week One

Day3 (Wednesday)

Cauliflower with cheese
Grilled chicken breast with mashed potatoes
Yoghurt

Day4 (Thursday)

Green beans with tomato
Meatballs with rice
Fruit and milk

Day5 (Friday)

Potato salad
Fried hake with boiled potatoes
Custard

Week Two

Day8 (Monday)

Creamed carrot
Roasted chicken with noodles
Fruit and milk.

Day9 (Tuesday)

Vegetable soup
Breaded turkey with potatoes
Cheese and jelly

Day10 (Wednesday)

Ratatouille
Galiciand style monkfish
Fruit and milk.

Day11 (Thursday)

Broccoli with garlic sauce
Paella
Petit

Day12 (Friday)

Peas with ham
Garlic chicken with salad
Fruit and milk.

Week Three

Day15 (Monday)

Creamed spinach
Macaroni with meat
Yoghurt

Day16 (Tuesday)

Noodle soup
Ribs with chips
Pineapple in syrup

Day18 (Thursday)

Fruimadrid style green beans
Monkfish and shrimp fideuá
Fruit and milk

Day19 (Friday)

Cuban rice
Roasted ham with chips
Fruit and milk

Week Four

Day22 (Monday)

Vichisoie
Spaghetti bolognese
Fruit and milk.

Day23 (Tuesday)

Italian salad
Steak with chips
Custard cream

Day24 (Wednesday)

Potato salad
Fried hake with salad
Fruit and milk

Day25 (Thursday)

Creamed pumpkin
Rice with pieces of cod
Custard

Day26 (Friday)

Chickpeas with vegetables
Omelette with tomato
Fruit and milk.

Week Five

Day29 (Monday)

Mixed salad
Roasted chicken with noodles
Fruit and milk.

Day30 (Tuesday)

Italian salad
Grilled salmon with boiled potatoes
Pineapple in syrup

Day31 (Wednesday)

Spinach with bechamel sauce
Roasted turkey with rice
Fruit and milk.

